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CODE
P3078

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SUGGESTED USAGE: As a dietary supplement, take 2 softgels twice daily with meals.

HOW IT WORKS: CardioAid®-S Plant Sterol Esters is a unique dietary supplement ingredient with the ester forms of the plant sterols Beta-Sitosterol, Campesterol and Stigmasterol. Plant Sterols are plant-derived compounds that are structurally similar to cholesterol. They have been found to compete with cholesterol in the digestive tract, thereby limiting its absorption.* In this way, CardioAid®-S can help to maintain cholesterol levels already within the normal range.*

Foods containing at least 0.65 grams per serving of plant sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Proto-Sitosterol Plant Sterol Esters with Fish Oil supplies 1 gram (1000 mg) of plant sterol esters in a base of fish oil.

CAUTIONS/INTERACTIONS: Orally, Beta-Sitosterol is usually well tolerated. In some individuals, it can cause minor GI upset. Taking Beta-Sitosterol can exacerbate sitosterolemia, a rare inherited lipid storage disease. Plant Sterols may interact with Zetia (ezetimibe) and statin medications. If you are taking these or other prescription medications, or if you have other health conditions, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P3078

This bottle contains an AGELESS® oxygen absorbing packet to ensure freshness. Do not eat packet.

PROTOCOL
FOR LIFE BALANCE®

Proto-Sitosterol Plant Sterol Esters

- Promotes Cardiovascular Health*
- Supports Healthy Cholesterol Levels*
- With CardioAid®-S Plant Sterol Esters
 - Plus added Fish Oil

90 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 2 Softgels Servings Per Container 45

Amount Per Serving

CardioAid®-S Plant Sterol Esters (400 mg Beta-Sitosterol, plus Campesterol and Stigmasterol)	1 g (1,000 mg)*
Natural Fish Oil Concentrate	120 mg*

* Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob) and Soy Lecithin.

Contains fish (sardines, anchovies, mackerel) and soy.

Distributed by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

Not manufactured with yeast, wheat, gluten, milk, egg, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

CardioAid® is a registered trademark of Archer-Daniels-Midland Company.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Store in a cool, dry place after opening. Please Recycle.