

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Milk thistle (*Silybum marianum*) is an herb that is well documented in early traditional herbal medicine. Silymarin, an extract of milk thistle, is composed of a family of flavonoids, primarily Silybin with smaller amounts of Silydianin and Silychristin. Milk thistle has been shown to increase the liver's content of glutathione.* Studies have indicated that the constituents in Silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of Artichoke & Dandelion for additional support.

CAUTIONS/INTERACTIONS: Few side effects are reported when Silymarin is used within the recommended dose ranges. Rare cases of stomach upset, mild laxative effect, itching and headache have been described.* Significant interactions between milk thistle (Silymarin) and medications or other herbal remedies are largely unknown at normal levels of intake. For more information on this product go to www.protocolforlife.com/P4739

Natural color variations may occur in this product. Store in a cool, dry place after opening. Please Recycle.

PROTOCOL
FOR LIFE BALANCE®

Milk Thistle Extract

300 mg/80%
Liver Support Formula*

• With Artichoke & Dandelion

90 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Sodium	5 mg	< 1%
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit and Seeds) (Standardized to 80% Silymarin Flavonoids)	300 mg	†
Dandelion Root (<i>Taraxacum officinale</i>) (4:1)	100 mg	†
Artichoke (<i>Cynara scolymus</i>) (Leaf)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat Packet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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