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CODE
P4760

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SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® 1 to 2 times daily, preferably with food or as directed by your healthcare practitioner.

HOW IT WORKS: St. John's Wort (*Hypericum perforatum*) has a long history of traditional use as an overall health tonic. However, more recent scientific research has provided evidence for its ability to promote healthy serotonin and monoamine (dopamine and norepinephrine) metabolism as well as GABA receptor function.* This St. John's Wort Extract is standardized to 0.3% hypericin while retaining all the whole-plant synergistic benefits.

CAUTIONS/INTERACTIONS: St. John's Wort is known to interact with numerous pharmaceutical medications. If you are taking any prescription medications or if you have been diagnosed with any neurochemical disorder, consult your healthcare practitioner before taking this product. St. John's Wort may also interact with some nutritional supplements, including 5-HTP, Tryptophan, Tyrosine, DLPA, *Mucuna pruriens*, and SAME. Consult your healthcare practitioner before combining this product with these nutritional supplements. St. John's Wort may contribute to photosensitizing reactions (skin reddening) in the presence of strong sunlight or tanning beds. Discontinue use of this product at least 2 weeks prior to any surgical procedure. For more information on this product go to www.protocolforlife.com/P4760.

PROTOCOL
FOR LIFE BALANCE™

St. John's Mood Caps

Herbal Support for
Emotional Well-Being*

100 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 50

Amount Per Serving

St. John's Wort Extract (*Hypericum perforatum*) 600 mg*
(aerial part with flowers) (standardized to contain 0.3% hypericin)

* Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

This product has been purified, concentrated and standardized according to the finest European standards of quality.

Natural color variations may occur in this product.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.