

## **Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 30

	Amount per serving % Daily Va	alue*
Vitamin C (as ascorbic acid, citrus bioflavonoids)	60 mg 10	0%
Vitamin B6 (as pyridoxine HCI)	8 mg 40	0%
Vitamin B12 (as cyanocobalamin)	48 mcg 80	0%
Chromium (as chromium picolinate)	120 mcg 10	0%

	0	
Lychee Fruit Extract	200 mg	†
African Mango Extract (Irvingia gabonensis)	300 mg	†
Raspberry Ketones (4-(4-hydroxyphenyl) butan-2-one)	200 mg	†
Caffeine (from Guarana seed and Caffeine Anhydrous)	200 mg	†
Green Tea Extract (95% polyphenols 45% EGCG)	140 mg	†
Citrus Aurantium Extract (Standardized to 30% synephrine)	30 mg	†

\* % Daily Values are based on a 2,000 calorie diet. † Daily value not established.

Other Ingredients: Gelatin, Calcium Carbonate, and Magnesium Steavate

DIRECTIONS: As a dietary supplement, take 2 capsules 30 minutes before breakfast with a full glass of water. For best results drink plenty of water throughout the day. Do not exceed the recommended dose.

WARNING: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication. including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition. including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches. enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat. dizziness. severe headache shortness of breath.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## 30 Ogydlet designed to help you LOSE 11b a day

DIETARY SUPPLEMENT
60 capsules