

Manufactured for **INSTITUTE FOR VIBRANT LIVING**
P.O. Box 3840, Camp Verde AZ 86322
1-800-218-1379 • www.IVLProducts.com

Suggested Use: Take 6 capsules daily with meals.

Note: If you are pregnant, nursing, have any health condition or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.
Store in a cool, dry place.

Manufactured in an NSF GMP certified facility.

Made in the **USA** 



Calcium Complex

(MCHA)

120 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 6 Capsules

Servings Per Container: 20

Typical Nutritional Panel	Amount Per Serving	% Daily Value
Protein (from microcrystalline hydroxyapatite)	less than 1g	2%
Vitamin C (as ascorbic acid)	200mg	333%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin K (as phytonadione)	100mcg	125%
Thiamin (as thiamine HCl)	5mg	333%
Calcium (from microcrystalline hydroxyapatite)	1000mg	100%
Phosphorus (from microcrystalline hydroxyapatite)	480mg	50%
Magnesium (as magnesium oxide)	600mg	150%
Zinc (as zinc monomethionine)	10mg	67%
Copper (as copper citrate)	1mg	50%
Manganese (as manganese citrate)	5mg	250%
Glucosamine HCl	300mg	**
Boron (as sodium borate)	3mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other ingredients: Gelatin, rice flour, magnesium stearate, silica.

Contains shellfish (shrimp, crab) ingredients.