

CODE 3773 V5

SUGGESTED USAGE: Shake well. As a dietary supplement, For Adults: take 1 tablespoon (15 mL) daily with a meal. For Children 4 years and older: take 1 teaspoon (5 mL) daily with a meal.

SHAKE WELL BEFORE USE.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

This unique formula utilizes brown rice protein as a stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid, Xanthan Gum and Potassium Sorbate.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Wild Berry Concentrate consists of natural chokeberry, elderberry, blueberry, black currant and apple fruit concentrates.

****This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals.**

AAC = Amino Acid Chelate

SelenoPure™ is a trademark of Nutrition 21.; Chromium Chelavite® is a registered trademark of Albion Labs.; VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.; FloraGLO® is a registered trademark of Kemin Industries, Inc.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Manufactured by NOW FOODS
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Bloomington, IL 60108, USA
For more product information
visit www.nowfoods.com/3773

IRON-FREE**



Liquid Multi

WITH XYLITOL

LIQUID VITAMIN & MINERAL

- High Potency - Fast Absorption
- Added Phytonutrients
- Stabilized with Rice Protein

Wild Berry Flavor

Net 16 fl. oz. (473 mL)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 31

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	3 g	†
Vitamin A (40% Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (from d-alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (from Thiamine Hydrochloride)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	125%
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	500%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (Vitamin B-5) (from Calcium d-Pantothenate)	25 mg	250%
Calcium (from Calcium Carbonate)	25 mg	3%
Iodine (from Kelp (<i>Laminaria digitata</i>))	75 mcg	50%
Magnesium (from Magnesium Oxide)	10 mg	3%
Zinc (from Zinc AAC)	3 mg	20%
Selenium (from Selenopure™ L-Selenomethionine)	15 mcg	21%
Manganese (from Manganese AAC)	2 mg	100%
Chromium (from Chromium Chelavite® AAC)	10 mcg	8%
Potassium (from Potassium Chloride)	25 mg	< 1%
Wild Berry Concentrate	175 mg	†
VitaBerry® Hi-ORAC Fruit Blend	50 mg	†
Aloe Vera Juice	50 mg	†
Colloidal Minerals (Fulvic Acid)	50 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†
Kelp (<i>Laminaria digitata</i>)	15 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	10 mg	†
Citrus Bioflavonoids	10 mg	†
Lutein (FloraGLO®) (from Marigold Extract)	100 mcg	†
Lycopene (from Natural Tomato Extract)	100 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.



Made in the USA.
Please Recycle.