SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with meals, or as directed by your healthcare practitioner.

HOW IT WORKS: Alpha-Lipoic Acid (ALA) is an antioxidant that is naturally manufactured in the human body and is unique in that it functions in both water and fat environments ALA can also recycle vitamins C and E and some other antioxidants, enhancing their activities.* Beyond its direct antioxidant function. ALA supports glutathione production, participates in healthy glucose metabolism. helps to protect nerve tissues, and promotes healthy vascular function.*

CAUTIONS/INTERACTIONS: Alpha-Lipoic Acid supplementation may interact with certain medications, especially anti-diabetes drugs. If you are taking any medications or if you are at risk for thiamine deficiency or if you have a thyroid condition, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P3046

CODE P3046 Formulated by doctors and clinical scientists exclusively for licensed healthcare practition-Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.



Alpha-Lipoic Acid

600 mg

- Highest Potency
- With Grape Seed Extract & Bioperine®

60 Vcaps



	er % Daily Value	+	+	+	
Facts	Amount Per Serving	600 mg	30 mg 90% Polyphenols	5 mg	
Supplement Facts Serving Size 1 Vcap®		Alpha-Lipoic Acid	Grape Seed (Vitis vinitera) 30 mg Standardized Extract (min. 90% Polyphenols)	Bioperine®	† Daily Value not established.

V3