Suggested Use: Take two packets daily - one packet with morning meal and one packet with midday or evening meal. Each packet includes 5 tablets, 1 capsule, and 1 softgel. Recommended for ages 14 and over.

Supplement Facts

Amount Per Serving % DV		Amount Per Serving	% DV		
Vitamin A (93% as beta-carotene; retinyl palmitate)	12,500 IU	250%	Fruit & Vegetable Powder Complex	200 mg	
Vitamin C (as ascorbic acid, calcium ascorbate, acerola cherry extract	1025 mg	170%	bilberry, brussel sprouts, cabbage, elderberry		
Vitamin D (as cholecalciferol)	800 IU	200%			
Vitamin E (as d-alpha-tocopheryl succinate, mixed tocopherols)	400 IU	1333%			
Vitamin K (as menaquinone)	40 mcg	50%	fruit, kale, peach, raspberry juice, strawb		-
Thiamin (as thiamine mononitrate)	25 mg	1667%	Arabinogalactan	150 mg	100
Riboftavin (as Vitamin B2)	25 mg	1471%	Choline (bitartrate)	125 mg	-
Niacinamide	50 mg	250%	Glucomannan (Propol [®])	75 mg	
Vitamin B6 (as pyridoxine hydrochloride)	38 mg	1900%	Horsetall stem extract	75 mg	
Folic Acid	400 mcg	100%	Cinnamon bark powder	40 mg	
Vitamin B12 (as cyanocobalamin)	75 mcg	1250%	Fennel seed powder	40 mg	
Biotin	150 mcg	50%	Peppermint leaf extract	40 mg	
Pantothenic Acid (as calcium pantotheriate)	25 mg	250%	Inositol	25 mg	
Calcium (as calcium carbonate, calcium citrate, calcium ascorbate)	500 mg	50%	Lithothamnion calcareum (Aquamin™)	25 mg	*
lodine (as potassium iodide)	75 mcg	50%	Olive leaf extract	10 mg	
Magnesium (as magnesium oxide,		63%	Lutein	5 mg	
magnesium otrate)	coo ing	00%	Resveratrol (resVida® trans-resveratrol)	5 mg	7.0
Zinc (as zinc citrate)	15 mg	100%	Vinpocetine	5 mg	4
Selenium (as selenomethionine)	100 mcg		Black Pepper Extract (Bioperine®)	500 mog	
Copper (as copper citrate)	1 mg	50%	Boron (as boron citrate-aspartate-glycinate)	1 mg	+
Manganese (as manganese citrate)	5 mg	250%	Phosphatidyl serine	50 mcg	+
Chromium (as chromium nicotinate)	150 mg		Vanadium (as vanadyl sulfate)	150 mcg	
Molybdenum (as molybdenum citrate)	65 mcg		SALES CONTRACTOR OF THE	The same	
Potassium (as notassium citrate)	55 ma		* Daily Value (DV) not established		

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, silicon dioxide, dextrin, magnesium stearate, dextrose, soy lecithin, sodium carboxymethylcellulose, sodium citrate.

Contains Soy.

Store in a cool, dry place. As with any natural supplement, keep out of the reach of children. Do not use if shrink wrap is damaged or missing, or if packet is broken.

Supplement Facts

Serving Size: 1 Capsule		
Amount Per Serving		% DV
Vitamin E (as mixed tocopherols)	2.5 TJ	8.33%
Citrus extract (50% bioflavonoids)	75 mg	S*
Multi-enzyme complex amylase, bromelain, lipase, cellulase, lactase alpha galactosidase, papain (from papaya)	62.5 mg	
Alpha-lipoic acid	25 mg	3.5
Broccoli povider	25 mg	
Cabbage powder	25 mg	
Grape seed extract	25 mg	
Green tea extract	25 mg	
n-Acetyl-L-cysteine	25 mg	- 6*
Para aminobenzoic acid	25 mg	
Quercetin	25 mg	
Rutin	25 mg	
Tomato powder	25 mg	
Bilberry leaf powder	12.5 mg	
Co-enzyme Q-10	12.5 mg	
Grape skin extract	12.5 mg	
L-Glutathione	5 mg	
Black pepper extract (Bioperine®)	2.5 mg	- 5
Tocotrienals	2.5 mg	•
Lycopene	1 mg	

Other ingredients: Gelatin, microcrystalline cellulose, calcium carbonate, silicon dioxide, magnesium stearate, croscarmellose

atural Alternatives international San Marcos, CA 92078

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Supplement Facts

Amount Per Serving		15 DV
fotal Calories	13	< 1%†
Calories From Fat	- 11	< 1%†
fotal Fat	1.2 g	
Protein	< 0.5 g	

ssential Fatty Acids Complex EPA (Ecosapentaenoic acid) 180 mg DHA (Docosahexaenoic acid) 120 mg

Daily Value (DV) not established.

Other ingredients: Gelatin, soybean oil, glycerin, water, may contain mixed tocopherols (as a natural preservative.) Contains fish oil from mackerel, sardines, anchovies.

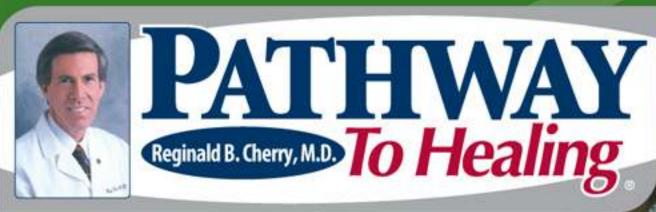
To order call 800-339-5952 www.ThePathwayToHealing.com Ask about receiving free, convenient Personal Delivery ServiceTM



**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Basic Nutrient Support™ These 7 Powerful Complexes Provide the Foundation for Addressing Any Health Concern**

- Vitamin and Basic Antioxidant Complex. 16 vitamins and antioxidants to promote immunity and free radical defense, enhance energy production, and support heart and eye health.**
- Mineral Complex, 14 minerals that support bone and muscle health. increase energy production, and promote immunity and free radical defense.**
- III. Cell and Nervous System Complex. 4 nutrients to enhance memory and mental clarity and maintain the health and integrity of cell membranes.**
- IV. Fruit and Vegetable Complex. A concentration of 25 fruits and vegetables with a broad spectrum of phytonutrients that promote immunity and free radical defense.**
- Digestion and Absorption Complex. 6 nutrients that promote proper digestion and enhance the bioavailability of other ingredients.**
- VI. Super Antioxidant Complex. 22 nutrients to promote immunity and free radical defense and support cardiovascular function.**
- VII. Essential Fatty Acid Complex. 2 essential fatty acids that enhance joint function, promote mental clarity, and support the nervous system and cardiovascular function.**



Basic Nutrient Support[™]

Daily Servings Provide:

- 1600 IU Vitamin D3
- 2000 mg Fish Oil
- Vinpocetine to Support Normal Brain Function**
- Advanced Antioxidant Power (with Resveratrol)

Dietary Supplement 30 Day Supply / 60 Packets



"There is a Pathway to Healing for You." De Olim