

NATURAL - WITH NO SIDE EFFECTS

Fat cells secrete a hormone called leptin that tells our brain we have eaten enough. Research has shown that heavy individuals have high blood levels of leptin, indicating that their cells have become resistant to the leptin that is supposed to prevent them from putting on so many fat pounds. African Mango is a natural plant extract that helps maintain leptin levels, helping to reduce overeating and unwanted pounds.*

Visit: **Inch BY Inch**™
for more info,
videos and
support

Manufactured For:
HEALTHY NATURAL SYSTEMS®
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L-7757-1

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HNS™

Healthy Natural Systems®

AFRICAN MANGO

INCREASES METABOLISM*

MAXIMIZE ANY DIET

Promotes Weight Loss*

DIETARY SUPPLEMENT 60 TABLETS



Supplement Facts

Serving Size 1 tablet
Servings Per Container 60

	Amount Per Serving	% DV
Chromium (as chromium polynicotinate)	10 mcg	8%
African mango (<i>Irvingia gabonensis</i>) Seed Extract	150 mg	†

† Daily value not established.

Other ingredients: dicalcium phosphate, maltodextrin, microcrystalline cellulose, croscarmellose sodium, stearic acid, coating (hypromellose, hydroxypropyl cellulose, macrogol), magnesium stearate, silica.

Directions: Adults, take one tablet twice daily with or without food.

Warning: Do not use if seal is broken or missing. Not intended for use by persons under 18. This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary. Store at 15-30°C (59-86°F). Protect from heat, light and moisture.