

LESS STRESS, LESS WEIGHT*

You have no doubt heard about the link between the stress hormone cortisol and weight. Excess stress may lead to high cortisol levels that stimulate the appetite, leading to weight gain. Relora® is an exclusive blend of plant extracts that appears to help stressed individuals relax by working with the body's metabolism to help maintain cortisol levels which may help to reduce stress eating and unwanted pounds.*

Visit: **Inch BY Inch**™
for more info,
videos and
support
.com

Manufactured For:
HEALTHY NATURAL SYSTEMS®
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy Natural Systems®

RELORA®

Anti-Stress Weight Loss*

MAXIMIZE ANY DIET

Promotes Weight Loss*

DIETARY SUPPLEMENT 60 TABLETS

Supplement Facts

Serving Size 1 tablet

Servings Per Container 60

	Amount Per Serving	% DV
Chromium (as chromium polynicotinate)	10 mcg	8%
Relora® (proprietary blend of extracts of <i>Magnolia officinalis</i> bark and <i>Phellodendron amurense</i> bark)	250 mg	†

† Daily value not established.

Other ingredients: dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, coating (hypromellose, hydroxypropyl cellulose, macrogol), stearic acid, magnesium stearate, silica.

Relora® is a registered trademark of Next Pharmaceuticals.

Directions: Adults, take one tablet twice daily with meals.

Warning: Do not use if seal is broken or missing. Not intended for use by persons under 18. This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary. Store at 15-30°C (59-86°F). Protect from heat, light and moisture.