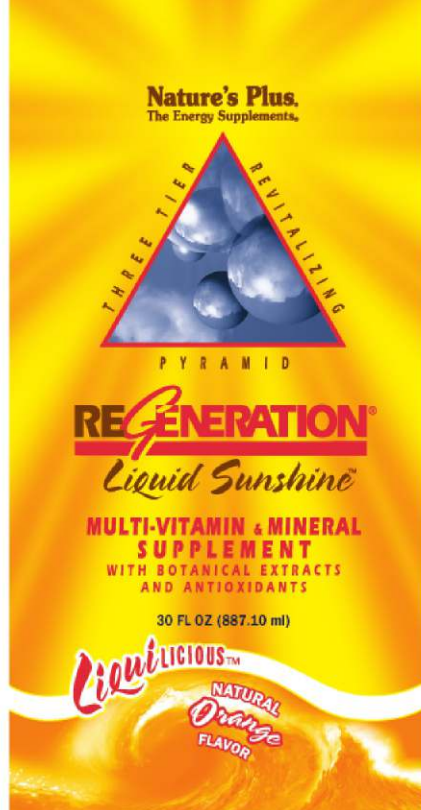




Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml)
Servings Per Container 30

Amount Per Serving		% DV
Calories	60	
Total Carbohydrate	14 g	5%**
Sugars	9 g	†
Vitamin A (as palmitate)	5000 IU	100%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Thiamin (vitamin B-1) (as thiamine HCl)	50 mg	3333%
Riboflavin (vitamin B-2)	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Calcium (as citrate complex)	100 mg	10%
Iron (as gluconate complex)	4.5 mg	25%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as citrate complex)	50 mg	13%
Zinc (as gluconate complex)	15 mg	100%
Selenium (as aminoate complex)	20 mcg	29%
Copper (as aminoate complex)	1 mg	50%
Manganese (as gluconate)	5 mg	250%
Chromium (as polynicotinate††)	50 mcg	42%
Molybdenum (as aminoate complex)	20 mcg	27%
Potassium (as citrate, iodide)	25 mg	<1%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

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Other ingredients: Water, fructose, vegetable glycerin, **Whole Food Blend** [milk thistle seed (*Silybum marianum*)†, parsley leaf (*Petroselinum crispum*), juniper berry (*Juniperus communis*), celery seed 4X (*Apium graveolens*), cayenne fruit (*Capsicum frutescens*), *Echinacea purpurea* root†, lemon bioflavonoids, choline bitartrate, inositol, *Rhodiola rosea* root, glucosamine sulfate, Chinese green tea leaf (*Camellia sinensis*)†, borage seed oil (*Borago officinalis*)†, *Ginkgo biloba* leaf, bilberry fruit (*Vaccinium myrtillus*)†, wild grape seed (*Mahonia aquifolia*)†, oleoresin turmeric rhizome (*Curcuma longa*)†], vanadyl sulfate, citric acid, xanthan gum, malic acid, natural flavors, sodium benzoate (preserves freshness) and potassium sorbate (preserves freshness).
†Standardized extract

††ChromMate® Brand Niacin-Bound Chromium, U.S. Patents 4,923,855, 4,954,492 and 5,194,615, is a registered trademark of InterHealth N.I.

DIRECTIONS: Shake well. As a dietary supplement, take two tablespoons or one capful (about 30 ml) once daily.

Regeneration® Liquid Sunshine™ is so delicious, you can enjoy it straight from the bottle or mixed with a favorite beverage.

Convenient Drip-Proof Bottle

Free from artificial colors and sweeteners.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.

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