

ACTUAL SIZE



CODE 3369



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

Inhibitors, or any other type of anti-depressant medications, please consult your health care practitioner prior to use.

Ayurvedic herb known for its ability to support a healthy metabolism.*

Caution: If you are currently taking any thyroid medications, MAO-inhibitors, or any other type of anti-depressant medications, please consult your health care practitioner prior to use.

SUGGESTED USAGE: As a dietary supplement, take 2 Vcaps® 2 times daily, preferably on an empty stomach. If you experience any mild nausea, consider taking with meals. If nausea persists, discontinue use.

NOW® Thyroid Energy™ is a complete nutritional supplement for the support of healthy thyroid function. NOW has combined Iodine (from Kelp) and Tyrosine, the two integral constituents of thyroid hormone, with the minerals Selenium, Zinc and Copper, to assist in its production. In addition, NOW® Thyroid Energy™ contains Guggul Extract, an



Thyroid Energy™

THYROID SUPPORT

- Supports Healthy Thyroid Function
- Supports Healthy Metabolism*

180 Vcaps®

A Dietary Supplement



Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin)	60 mcg	1000%
Iodine (from Kelp and Irish Moss)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	167%
Selenium (from L-Selenomethionine) (Yeast-Free)	50 mcg	71%
Copper (from Copper Amino Acid Chelate)	1 mg	50%
L-Tyrosine (Free-Form)	1.0 g (1,000 mg)	†
Irish Moss (<i>Chondrus crispus</i>) (Thallus)	200 mg	†
Guggul (<i>Commiphora mukul</i>) (Resinous Sap) Standardized Extract (min. 2.5% Guggulsterones)	75 mg	†
Organic Kelp (<i>Laminaria digitata</i>) (Whole Plant)	60 mg	†
Ashwagandha (<i>Withania somnifera</i>) (Root) Standardized Extract (min. 4.5% Withanolides)	50 mg	†
Trace Mineral Concentrate	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source), Cellulose and Silica.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com
Contains no sugar, salt, wheat, gluten, soy, milk, egg, shellfish or preservatives.
Vcaps® is a registered trademark of Capsugel.
L-OptiZinc® is a registered trademark of InterHealth Corp.