

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Activessence® is a registered trademark of InterActive Enzymes, a division of Triarco Industries, Inc. U.S. Patent Nos. 6,099,844 and 6,132,727

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Div. of Natural Organics, Inc.
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PRODUCT NO. 30871



Great Taste Vegetarian

Nature's Plus®

The Energy Supplements®

EXOTIC RED SUPER FRUITS

ADULT'S Multi-Vitamin CHEWABLE

ORAC VALUE
500

Dietary Supplement

**Exotic
RED BERRY
Flavor**

60 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%DV
Calories	10
Total Carbohydrate	2 g ... <1% **
Sugars	2 g ... †
Vitamin A (as beta carotene)	5000 IU ... 100%
Vitamin C (as ascorbic acid)	150 mg ... 250%
Vitamin D (as ergocalciferol)	400 IU ... 100%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU ... 333%
Thiamin (vitamin B-1) (as thiamine HCl)	15 mg ... 1000%
Riboflavin (vitamin B-2)	15 mg ... 882%
Niacin (as niacinamide)	25 mg ... 125%
Vitamin B-6 (as pyridoxine HCl)	15 mg ... 750%
Folate (as folic acid)	100 mcg ... 25%
Vitamin B-12 (as cyanocobalamin)	15 mcg ... 250%
Biotin	20 mcg ... 7%
Pantothenic Acid (as calcium pantothenate)	20 mg ... 200%
Calcium (as gluconate)	10 mg ... 1%
Iron (as gluconate)	5 mg ... 28%
Iodine (as potassium iodide)	100 mcg ... 67%
Magnesium (as gluconate)	0.145 mg ... <1%
Zinc (as gluconate)	0.325 mg ... 2%
Copper (as gluconate)	0.05 mg ... 3%
Manganese (as gluconate)	0.017 mg ... 1%

Red Whole Food Blend: ‡ pomegranate, goji, noni, ...	50 mg ... †
mangosteen, açai (cabbage palm), cranberry, red raspberry, red grape, tomato, strawberry, mango, black currant, blueberry, elderberry, camu-camu, turmeric, apple, apricot, banana, orange, peach, guava, pineapple, watermelon, FOS, Activessence® (a patented enzyme activation system - cellulase, pectinase, hemicellulase and xylanase), papaya, black raspberry, ligustrum berry, bilberry, schisandra fruit, green tea, fenugreek seed	
Lecithin (from soy)	25 mg ... †
Choline (as bitartrate)	5 mg ... †
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg ... †
Betaine HCl (from beet molasses)	5 mg ... †
Rutin (from <i>Sophora japonica</i> leaf)	2.5 mg ... †
Bioflavonoids (from <i>Citrus limon</i> exocarp)	2.5 mg ... †
PABA (para-aminobenzoic acid)	2.5 mg ... †
Inositol	2.5 mg ... †

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established. ‡For more details, visit www.naturesplus.com

Other ingredients: Fructose, stearic acid, silica, microcrystalline cellulose, magnesium stearate, natural color, natural flavors, rice bran, rose hips (*Rosa canina* fruit), maltodextrin, guar gum, sweet pea and malic acid.

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