

SUGGESTED USAGE: As a dietary supplement take 1 tablet 1 to 2 times daily with meals or as directed by your healthcare practitioner.

HOW IT WORKS: Phosphatidyl Serine (PS) is a naturally occurring phospholipid that is a critical component of cell membranes; it is found in especially high concentrations in the brain and nerve tissues. PS supports neuronal membrane fluidity and facilitates intercellular communication for healthy neurocognitive function.* In this way, PS supports the healthy utilization of acetylcholine, norepinephrine, serotonin, and dopamine in the brain.* Research shows that PS supplementation can promote cognitive function, mental acuity, and a healthy response to stress.* This Soy Free Phosphatidyl Serine is derived from sunflower oil. PS from sunflower oil is chemically indistinguishable from either soybean-derived or bovine-sourced PS and has a similar fatty acid profile. This makes it an ideal alternative for those who wish to avoid soy-based or bovine-derived PS products.

CAUTIONS/INTERACTIONS: Phosphatidyl Serine may interact with acetylcholinesterase inhibitors, cholinergic or anti-cholinergic medications. If you are taking any prescribed medications, please consult your healthcare practitioner before taking this product. For more information on this product go to www.protocolforlife.com/P2388.

PROTOCOL
FOR LIFE BALANCE™

Phosphatidyl Serine

150 mg

- Neurological/Cognitive Support*
- Soy Free

60 Tablets



A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	4 mg	7%
Calcium (from Calcium Carbonate)	50 mg	5%
Phosphatidyl Serine (Sharp-PS® GREEN) (from Sunflower Lecithin) (Non-GMO)	150 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Silica, Magnesium Stearate (vegetable source) and Vegetable Coating.

Manufactured by Protocol For Life Balance™

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Sharp-PS® GREEN is a registered trademark of Enzymotec Ltd.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



CODE
P2388

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