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## **Supplement Facts**

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57 ml) Servings Per Container 30

Amount Per Serving		%DV‡
Calories	50	
Total Carbohydrate	13 g	4%**
Sugars	9 g	Ť
Vitamin A (as palmitate)	2500 IU	31%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as ergocalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU	333%
Thiamin (vitamin B-1) (as thiamine HCl)	10 mg	588%
Riboflavin (vitamin B-2)	10 mg	500%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (as pyridoxine HCI)	5 mg	200%
Folate (as folic acid)	800 mcg	100%
Vitamin B-12 (as cyanocobalamin)	40 mcg	500%
Biotin	800 mcg	267%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as citrate complex)	50 mg	4%
Iron (as aminoate complex)	4 mg	22%
Phosphorus (as calcium phosphate)	10 mg	1%
lodine (as potassium iodide)	150 mcg	100%
Magnesium (as amino acid chelate/complex)	200 mg	44%
Zinc (as gluconate complex)	15 mg	100%
Manganese (as gluconate)	6 mg	300%
Potassium (as citrate, iodide)	10 mg	<1%
Inositol	5 mg	Ť
Choline (as bitartrate)	2.1 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet. ‡Daily Value (DV) for pregnant or lactating women. †Daily Value not established.

Other ingredients: Water, fructose, vegetable glycerin, citric acid, natural flavors, xanthan gum, natural color, sodium benzoate and potassium sorbate (preserve freshness), bromelain (enzyme from pineapple fruit), papain (enzyme from papaya fruit), PABA (para-aminobenzoic acid), brown rice, apricot, apple, alfalfa, barley leaves, broccoli, beet juice, collard greens, parsnips, green zucchini, turnip greens, peach, kale, tomato and spinach.

DIRECTIONS: Shake well. As a dietary supplement, take two table-spoons or one capful (about 30 ml) once daily. Source of Life® Prenatal Liquid is so delicious, you can enjoy it straight from the bottle or mixed with a favorite beverage.

Do not exceed recommended serving.

Do not take with sulfonamide since PABA interferes with the activity of the drug.

Convenient Drip-Proof Bottle.

Free from artificial colors and sweeteners. Free from the common allergens yeast, wheat, corn, soy and milk.

KEEP TIGHTLY CLOSED.
REFRIGERATE AFTER OPENING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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