

Nutrition Facts

Serving Size 2 scoops (40 g)  
Servings Per Container about 11

| Amount Per Serving    |                      |
|-----------------------|----------------------|
| Calories 160          | Calories from Fat 30 |
|                       |                      |
|                       | % Daily Value*       |
| Total Fat 2g          | 5%                   |
| Saturated Fat 2g      | 8%                   |
| Trans Fat 0g          |                      |
| Cholesterol 90mg      | 30%                  |
| Sodium 80mg           | 3%                   |
| Potassium 130mg       | 4%                   |
| Total Carbohydrate 2g | 1%                   |
| Dietary Fiber 0g      | 0%                   |
| Sugars 2g             |                      |
| Protein 32g           | 60%                  |
|                       |                      |
| Vitamin A             | 0%                   |
| Vitamin C             | 0%                   |
| Calcium               | 20%                  |
| Iron                  | 4%                   |

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat. Fat           | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Potassium          |           | 3,500mg | 3,500mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |
| Protein            |           | 50g     | 65g     |

Made from only the finest cold pressed, pasture fed cow whey protein concentrate, **Mercola Miracle Whey Protein Powder** is the perfect blend of one of the most nutritionally-complete, all-natural protein products available.

Guaranteed to please your palate, this fantastic tasting protein mix is power-packed with the complete spectrum of amino acids your body needs for quick muscle recovery after a brisk workout. Plus, because you need extra amino acids as you age, **Mercola Miracle Whey Protein Powder** gives your body the extra boost of nutritional energy it needs.

**Suggested use:** Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken two to three times daily.

**INGREDIENTS:** Whey Protein Concentrate, Sunflower Lecithin.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

**Allergen Information:** Contains dairy and lecithin (derived from GM free sunflower seeds).  
Manufactured in the same facility as peanut containing products.

DO NOT USE IF SEAL IS BROKEN. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

**Distributed by:**  
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DR. MERCOLA®  
PREMIUM SUPPLEMENTS

MIRACLE WHEY  
Protein Powder

Great Tasting Whey Protein Mix From Pasture Fed Cows



Original  
No Flavor Added

Dietary Supplement  
Net Wt. 1lb (454g)