



Perfect Coconut Oil is pure, extra-virgin, unrefined, organic, cold-pressed coconut oil. It is made from only the freshest coconuts which have NOT been grown or processed with any chemicals. Perfect Coconut Oil is loaded with healthy fats and medium chain fatty acids, such as Lauric Acid, that scientific research indicates may improve your health in numerous ways.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This product has been certified by Organic Certifiers under NOP Final Rule 7, CFR Part 205. www.organiccertifiers.com

Has a melting point of 76° – liquid above 76° and solid below 76°

Allergy information: product is manufactured in a facility that processes milk, egg, soy, tree nuts, fish and shellfish.

DOES NOT NEED TO BE REFRIGERATED.



Manufactured for:
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Suggested Use: Adults, take 1 tablespoon 3 times daily with meals or as directed by your Health Care Practitioner.

Supplement Facts

Serving Size: 1 Tablespoon Servings Per Container: 32

Amount Per Serving	% Daily Value*
Calories	126
Calories from Fat	126
Total Fat	14 g 21.5
Saturated Fat	12 g 60
Polyunsaturated Fat	1 g
Monounsaturated Fat	0.5 g
Trans Fat	0 g
Cholesterol	0 g 0
Sodium	0 g 0
Total Carbohydrates	0 mg 0
Protein	0 mg 0
Organic Extra Virgin Coconut Oil	14000mg †

† Percent Daily Value not established

* Percent Daily Value based on a 2000 calorie diet

Other Ingredients: None

Fatty Acid Profile

C8:0	Caprylic Acid	5.9%	C16:0	Palmitic Acid	9.3%
C10:0	Capric Acid	5.7%	C18:0	Stearic Acid	4.0%
C12:0	Lauric Acid	49.0%	C18:1	Oleic Acid	5.4%
C14:0	Myristic Acid	19.6%	C18:2	Linoleic Acid	0.8%

Fatty Acid Percentages may vary slightly by batch based on natural variations in Coconut Oil content of each batch.