

# Nature's Plus<sup>®</sup>

The Energy Supplements,

The Ultimate Multi-Vitamin  
Supplement with  
Concentrated Whole Foods

# Source of Life<sup>®</sup>

# GOLD

# Liquid

**Guaranteed  
Burst of Energy<sup>®</sup>**

With Açai, Resveratrol, Vit. D3, Vit. K2,  
CoQ10 and Over 120 Whole Foods!

**ANTIOXIDANT  
ORAC  
VALUE  
1250  
NUTRITION**

**Delicious Tropical Fruit Flavor**

**Vegetarian • Hypo-Allergenic**

**30 FL OZ (887.10 ml)**

**GLUTEN  
Free**

## Nutritional Support for Free-Radical Defense, Natural Energy Production and Overall Well-Being.\*

**Source of Life<sup>®</sup> GOLD** is the world's most exciting whole food based multivitamin, mineral and enzyme-rich whole food supplement. In fact, it is the gold standard in natural supplementation. **Source of Life GOLD** nutritionally supports total body health and vitality with even more of the revitalizing nutrients that have made Source of Life synonymous with the **Guaranteed Burst of Energy<sup>®</sup>**!

Mouthwatering tropical fruit flavored **Source of Life GOLD Liquid** features:

- Complete profile of essential vitamins and minerals
- Anti-aging, antioxidant powerhouses açai, trans-resveratrol, NAC, MSM and CoQ10
- **Organic Gold Standard Whole Food Complex** (guava, holy basil, lemon, amla fruit), (standardized B complex and vitamin C)
- **Whole Food PhytoAlgae and Organic Mushroom Blend**: nutrient-dense oceanic superfoods and certified organic blend of mushrooms, including all major types
- 1000 IU vitamin D3 and 100 mcg vitamin K2
- **Full Spectrum Prebiotic Blend** with FOS, apple pectin, modified citrus pectin and flax to promote probiotic and GI health
- More than 120 colorful fruits and vegetables

## Convenient Drip-Proof Bottle.

Free from artificial colors and sweeteners.

**DIRECTIONS: SHAKE WELL.** As a dietary supplement, take two tablespoons or one capful (about 30 ml) once daily. Tastes great straight from the bottle, or mix it with your favorite beverage.

**KEEP TIGHTLY CLOSED.**  
**REFRIGERATE AFTER OPENING.**  
**KEEP OUT OF REACH OF CHILDREN.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size 2 Tablespoons or 1 Capful (1 fl. oz.) (29.57ml)  
Servings Per Container 30

| Amount Per Serving                                                                                                                    | %DV                 |
|---------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| Calories                                                                                                                              | 25                  |
| Total Carbohydrate                                                                                                                    | 5g... 2%*           |
| Sugars                                                                                                                                | 5g... 10%*          |
| Vitamin A (as palmitate; from spirulina, <i>Dunaliella salina</i> ; beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein) | 10,000 IU... 200%   |
| Vitamin C (as ascorbic acid; naturally occurring from Organic Gold Standard††)                                                        | 500 mg... 833%      |
| Vitamin D3 (as cholecalciferol)                                                                                                       | 1000 IU... 250%     |
| Vitamin E (as d-alpha tocopheryl acetate)                                                                                             | 200 IU... 667%      |
| Vitamin K2 (as menaquinone-4 and menaquinone-7)                                                                                       | 100 mcg... 125%     |
| Thiamin (vitamin B1) (as thiamine mononitrate; naturally occurring from Organic Gold Standard††)                                      | 26.1 mg... 1740%    |
| Riboflavin (vitamin B2) (riboflavin; naturally occurring from Organic Gold Standard††)                                                | 26 mg... 1529%      |
| Niacin (as niacinamide; naturally occurring from Organic Gold Standard††)                                                             | 41.7 mg... 209%     |
| Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard††)                                                      | 26.1 mg... 1305%    |
| Folate (as folic acid; naturally occurring from Organic Gold Standard††)                                                              | 425 mcg... 106%     |
| Vitamin B12 (as cyanocobalamin)                                                                                                       | 1000 mcg... 16,667% |
| Biotin                                                                                                                                | 100 mcg... 33%      |
| Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard††)                                          | 62 mg... 619%       |
| Calcium (as citrate)                                                                                                                  | 50 mg... 5%         |
| Iodine (as potassium iodide)                                                                                                          | 150 mcg... 100%     |
| Magnesium (as citrate)                                                                                                                | 25 mg... 6%         |
| Zinc (as gluconate)                                                                                                                   | 7.5 mg... 50%       |
| Selenium (as whole brown rice amino acid complex)                                                                                     | 25 mcg... 36%       |
| Copper (as whole brown rice amino acid complex; from copper chlorophyllin)                                                            | 3 mg... 150%        |
| Manganese (as gluconate)                                                                                                              | 4 mg... 200%        |
| Chromium (as picolinate)                                                                                                              | 20 mcg... 17%       |
| Potassium (as citrate)                                                                                                                | 50 mg... 1%         |

**Whole Food PhytoAlgae & Organic Mushroom Blend††** – Proprietary complex of spirulina, *Phaeocystis* (*Cystoseira canariensis*) (stand. polyphenols calc. as phlorotannins), chlorella (broken cell), cryptomonads, red kelp, brown kelp, ulva, red seaweed (Irish moss), dulse, rockweed; Mushrooms: wood ear, cordyceps, maitake, shiitake, oyster mushroom, white wood ear, chlorophyll (from spirulina and copper chlorophyllin) from concentrate

**Multi Color Whole Food Blend††** – 725 mg†

**††Organic Gold Standard Whole Food Complex** – Guava (*Psidium guajava*), holy basil (*Ocimum tenuiflorum*), lemon, amla (*Emblica officinalis*) fruit (std. naturally occurring B complex and vitamin C)

**Energizing and Cleansing Green Whole Food Blend** – Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), bee pollen, camu-camu, alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng, astragalus, *Echinacea purpurea*, thyme, ligustrum berry, rice bran

## Amount Per Serving

**Strength and Endurance White Whole Food Blend** – White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin

**Defense and Repair Yellow Whole Food Blend** – Carrot, mango, grapefruit, yellow apple, pear, honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower

**Brain Support Blue Whole Food Blend** – Black currant extract, lowbush blueberry, blackberry, elderberry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale, rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), açai, grape seed extract

**Anti-Aging Red Whole Food Blend** – Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcohol-free), black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, watermelon

**Amino Acids** – (20 essential and non-essential amino acids from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates)

Ginseng Root (Korean) (naturally providing ginsenosides R [a through h] and F) 50 mg†

Inositol 30 mg†

**Trans-Resveratrol Complex** – (from standardized concentrates of red wine [V. vinifera fruit] [alcohol-free], grape seed [Vitis vinifera] and Polygonum cuspidatum root) 25 mg†

**Full Spectrum Prebiotic Complex** – FOS (fructooligosaccharides), apple pectin, modified citrus pectin, soluble vegetable oligosaccharides, flax 25 mg†

**Whole Food Omega Fatty Acid Blend** – (supplying 13 mg of Omega-3, Omega-6, and other healthful fatty acids) (from chia, spirulina, sunflower seed, black currant, flax seed, borage) 25 mg†

**Enzyme-Rich Whole Food Blend** – Pineapple, papaya, beet juice, turmeric, parsley, ginger 25 mg†

**Bioflavonoid and Antioxidant Whole Food Blend** – Active flavonols, flavonones, flavones & naringin; hesperidin and eriocitrin from Citrus limon exocarp; quercetin and rutin (from Sophora japonica leaf) 25 mg†

PABA (para-aminobenzoic acid) 15 mg†

Choline (as bitartrate) 13 mg†

Coenzyme Q10 10 mg†

Lutein (active carotenoid from marigold flower extract) 3 mg†

Lycopene (active carotenoid from tomato) 2.5 mg†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

†† See Multi Color Whole Food Blend.

††† For details, visit [www.naturesplus.com](http://www.naturesplus.com).

Other ingredients: Purified water, Vitasweet<sup>®</sup> (fruit juice concentrate, agave nectar, Luo Han Guo fruit extract), citric acid, natural flavors, vegetable glycerin, xanthan gum, Anti-Aging Blend (alpha-lipoic acid, R-lipoic acid, glutathione, MSM [methylsulfonylmethane], NAC [N-acetyl cysteine], turmeric [std. curcumin], grape [Vitis vinifera] seed extract [std. proanthocyanidins]), sodium benzoate (preserves freshness), potassium sorbate (preserves freshness), Trace Mineral Complex (soluble prehistoric plant-based minerals and rare earth elements).

PRODUCT NO. 30701



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Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**

makers of **Nature's Plus**

9500 New Horizons Blvd., Amityville, New York 11701, USA

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[www.naturesplus.com](http://www.naturesplus.com)

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