

Suggested Usage: As a dietary supplement, children take 2 tablets daily or as directed by your healthcare professional.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

KEEP OUT OF REACH OF CHILDREN

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Distributed by:

Mercola Health Resources, LLC.
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Manufactured in the USA



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DR. MERCOLA®
PREMIUM SUPPLEMENTS

MULTIVITAMIN

Children's Chewables



Dietary Supplement

60 Tablets

Supplement Facts

Serving Size 2 tablets • Servings Per Container 30

Amount Per Serving		%DV†
Calories	10	
Total Carbohydrate	2g	<1%
Sugars	2g	*
Vitamin A (as natural beta carotene)	1,000 IU	20%
Vitamin C	250 mg	417%
(as niacinamide, magnesium and calcium ascorbate)		
Vitamin D (cholecalciferol)	2,000 IU	500%
Vitamin E	30 IU	100%
(as natural d-alpha tocopheryl succinate with mixed tocopherols)		
Thiamine (as thiamine pyrophosphate)	1.5 mg	100%
Riboflavin (as riboflavin-5-phosphate)	1.7 mg	100%
Niacin (as niacinamide ascorbate)	20 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	100%
Folic acid	400 mcg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic acid	10 mg	100%
(as calcium pantothenate)		
Calcium	100 mg	10%
(from calcium citrate/ascorbate complex)		
Iodine (from sea kelp)	15 mcg	10%

Amount Per Serving		%DV†
Magnesium	40 mg	10%
(from magnesium ascorbate/aspartate complex)		
Zinc (from zinc gluconate)	3 mg	20%
Selenium	20 mcg	29%
(from selenium amino acid chelate**)		
Copper	50 mcg	3%
(from copper amino acid chelate**)		
Manganese	2 mg	100%
(from manganese amino acid chelate**)		
Chromium	40 mcg	33%
(from chromium amino acid chelate**)		
Molybdenum	5 mcg	7%
(from molybdenum amino acid chelate)		
Citrus Bioflavonoids	10 mg	*
Boron (as boron citrate)	20 mcg	*
Vanadium (as vanadium krebs***)	3 mcg	*

*Daily Value not established.

†Percent Daily Values based on a 2,000 calorie diet.

***Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Other Ingredients: Sucrose, Cellulose, Citric acid, Natural orange mango flavoring and Silica.