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SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with food or as directed by your health-care practitioner.

HOW IT WORKS: DHA (Docosahexaenoic Acid) is recognized as a physiologically essential nutrient in the brain where it is required in high concentrations for facilitating optimal mental performance (neuronal functioning) and in the retina (of the eye), where it is critical for visual acuity.* DHA exerts its most crucial functions at the level of the cell membrane, where it is known to significantly affect many of its basic properties including fluidity, permeability, and interactions with key signaling and regulatory molecules.* The natural Fish Oil Concentrate used in this softgel is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants). Those who experience nausea or reflux from other fish oils should find this enteric coated, odor controlled softgel easier to tolerate.

CAUTIONS/INTERACTIONS: Omega-3 fatty acids may interact with anti-coagulants, NSAIDs, anti-hypertensives, and cholesterol lowering medications. Omega-3 fatty acids may affect the metabolism of certain medications, including cyclosporine and topical corticosteroids.* For more information on this product go to www.protocolforlife.com/P1612.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE™

DHA-500

500 DHA / 250 EPA

- Supports Cognitive Function*
- Molecularly Distilled & Enteric Coated

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	< 0.5 g	< 1%*
Trans Fat	0 g	†
Polysaturated Fat	0.9 g	†
Monounsaturated Fat	< 0.5 g	†
Cholesterol	0 mg	0%
Natural Fish Oil Concentrate	1.0 g (1,000 mg)	†
Omega-3 Fatty Acids	750 mg	†
Docosahexaenoic Acid (DHA)	500 mg	†
Eicosapentaenoic Acid (EPA)	250 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water and enteric coating) and Natural Vitamin E (as d-alpha tocopherol).

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.