

• ENERGY ON THE GO! •

Nature's Plus
The Energy Supplements

GLUTEN
Free

Source of Life
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES • EASY TO SWALLOW
Mini-Tabs No Iron



Vegetarian • Hypo-Allergenic • 90 Tablets

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 15

Amount Per Serving	%DV	Amount Per Serving	
Calories	20	Spirulina	1000 mg†
Total Carbohydrate	3 g	Bee Pollen (Spanish)	100 mg†
Dietary Fiber	1 g	Sunflower Oil (supplying linoleic acid [54.1 mg], oleic acid [9.3 mg], palmitic acid [4.4 mg], stearic acid [2.2 mg])	70 mg†
Protein	1 g	Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen [26 mg])	60 mg†
Vitamin A (as beta carotene)	10,000 IU	Black Currant Seed Oil	50 mg†
Vitamin C (as ascorbic acid)	1000 mg	Ginseng Root (Korean)	50 mg†
Vitamin D (as ergocalciferol)	400 IU	Bromelain (from pineapple fruit) (24 gelatin digesting units)	40 mg†
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	Choline (as bitartrate)	30 mg†
Thiamin (vitamin B-1) (as thiamine HCl)	25 mg	Inositol	30 mg†
Riboflavin (vitamin B-2)	25 mg	Quercetin (from <i>Sophora japonica</i> leaf)	30 mg†
Niacin (as niacinamide)	40 mg	Papain (from papaya fruit)	30 mg†
Vitamin B-6 (as pyridoxine HCl)	25 mg	Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Folate (as folic acid)	400 mcg	Betaine HCl (from beet molasses)	25 mg†
Vitamin B-12 (as cyanocobalamin)	200 mcg	RNA (ribonucleic acid)	21 mg†
Biotin	100 mcg	Apple Pectin	20 mg†
Pantothenic Acid (as calcium pantothenate)	60 mg	PABA (para-aminobenzoic acid)	15 mg†
Calcium (as aminoate complex)	200 mg	Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
Iodine (from kelp)	150 mcg	Chlorophyll (from spirulina)	7.5 mg†
Magnesium (as aminoate complex)	100 mg	DNA (deoxyribonucleic acid)	6 mg†
Zinc (as aminoate complex, picolinate)	15 mg	Amylase (from brown rice fermentation)	5 mg†
Selenium (as aminoate complex)	25 mcg	Lipase (from brown rice fermentation)	5 mg†
Copper (as aminoate complex)	0.5 mg	Carotenoids	4 mg†
Manganese (as aminoate complex)	4 mg	Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg†
Chromium (as aminoate complex)	20 mcg	Octacosanol	200 mcg†
Potassium (as aminoate complex)	50 mg		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

LB.L1129656

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, six tablets once daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com

PRODUCT NO. 30587

