

CODE 1752 V2

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108  
Made in the U.S.A.  
[www.nowfoods.com](http://www.nowfoods.com)

**SUGGESTED USAGE:** As a dietary supplement, take 3 softgels 1-2 times daily with meals.

**NOW® Evening Primrose Oil** contains naturally occurring Gamma Linolenic Acid (GLA). GLA is an Omega-6 fatty acid found in Evening Primrose, Borage and Black Currant seed oils. Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by these dietary sources.

# Evening Primrose Oil

**WOMEN'S HEALTH**

**500 mg**  
**Hexane Free**  
**250 Softgels**  
A Dietary Supplement



## Supplement Facts

Serving Size 3 Softgels  
Servings Per Container 83

|                                                 | Amount<br>Per Serving | % Daily<br>Value |
|-------------------------------------------------|-----------------------|------------------|
| Calories                                        | 15                    |                  |
| Calories from Fat                               | 15                    |                  |
| Total Fat                                       | 1.5 g                 | 2%*              |
| Saturated Fat                                   | 0 g                   | 0%*              |
| Polyunsaturated Fat                             | 1 g                   | †                |
| Monounsaturated Fat                             | < 0.5 g               | †                |
| Evening Primrose Oil (Oenothera biennis) (Seed) | 1.5 g (1,500 mg)      | †                |
| Gamma Linolenic Acid (GLA)                      | 135 mg                | †                |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin, Glycerin and Water.

Contains no hexane, sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

**Do Not Eat Freshness Packet. Keep in Bottle.**