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CODE
P1298

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SUGGESTED USAGE: As a dietary supplement, take 3 softgels daily, preferably with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Magnesium acts as a mineral cofactor in an estimated 300 enzymatic reactions and is necessary for the healthy function of every organ in the body.* Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization.* Magnesium status is important for regulation of calcium balance through its effects on the parathyroid gland.* In addition, Magnesium is essential for the maintenance of normal vascular tone and healthy cardiac function.* Easily absorbed Magnesium Citrate, Magnesium Glycinate and Magnesium Malate are combined in softgels capsule for superior bioavailability.*

CAUTIONS/INTERACTIONS: Magnesium can interact with some antibiotics, diuretics, bisphosphonates, and muscle relaxants. In addition, many medications can affect magnesium absorption and excretion. For more information on this product go to www.protocolforlife.com/P1298.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

PROTOCOL
FOR LIFE BALANCE™

Magnesium Citrate

Plus Glycinate & Malate Forms

- Nervous System Support*
- Superior Bioavailability*

180 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Trans Fat	0 g	†
Magnesium (from Magnesium Citrate, Magnesium Glycinate and Magnesium Malate)	400 mg	100%

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water), Beeswax and Sunflower Lecithin.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.