

SUGGESTED USAGE: As a dietary supplement, take 1 tablespoon 1 to 2 times daily or as directed by your healthcare practitioner. Can be taken undiluted, or mixed with water or juice.

SHAKE VIGOROUSLY BEFORE USE.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

HOW IT WORKS: Liquid Cal-Mag Blueberry is a high potency and highly absorbable liquid calcium and magnesium formula for the support of healthy bones and teeth.* Although Calcium and Magnesium are best known for their roles in bone health, both of these minerals are also integral cofactors in hundreds of biochemical reactions, and help the body to maintain proper muscular contraction, nerve transmission, acid/base balance, blood clotting functions, and fluid balance.* Vitamin D, an essential nutrient for skeletal health due to its critical role in bone mineralization, is included since it facilitates the absorption and utilization of Calcium and plays a vital role in healthy immune system function.* Boron, another mineral known for its role in bone health, has also been included.* This liquid formula offers a delicious tasting dairy-free and vegetarian alternative to large tablets and capsules.

CAUTIONS/INTERACTIONS: Calcium and magnesium supplements may affect the absorption of a number of medications, including bisphosphonates, thyroid medications, sotalol, and antibiotics. These medications should be taken at least 1 to 2 hours apart from calcium and magnesium supplements. Calcium may interact with verapamil and topical calcipotriene. Magnesium may interact with certain antibiotics, potassium-sparing diuretics, and muscle relaxants. Numerous medications can affect the absorption and retention of calcium and magnesium in the body. Individuals with hyperparathyroidism, hyperphosphatemia, sarcoidosis, and renal insufficiency should take calcium only under the supervision of a healthcare practitioner. If you are taking any medications or have any medical conditions consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P1269.

PROTOCOL
FOR LIFE BALANCE™

Blueberry Flavor Liquid Cal-Mag

- Supports Bone Health*
- Superior Citrate Forms
- With Boron and Vitamin D

Xylitol Sweetened

Net 16 fl. oz. (473 mL)
A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 31

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	9 g	3%*
Sugar Alcohol (as Xylitol)	2 g	†
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (from Calcium Citrate)	500 mg	50%
Magnesium (from Magnesium Citrate)	250 mg	63%
Boron (from Boron Amino Acid Chelate)	1 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Glycerin, Xylitol, Malic Acid, Xanthan Gum, Natural Blueberry Flavor, Potassium Sorbate (as preservative), Grape Skin Extract, Cellulose and Mixed Tocopherols (soy).

Manufactured by Protocol For Life Balance™

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, U.S.A.

Contains no salt, yeast, wheat, gluten, milk, egg, shellfish, or artificial colors or flavors.
Vegetarian/Vegan Product.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**



**CODE
P1269**

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