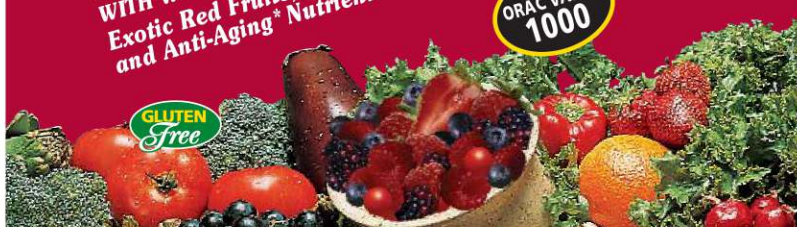


Nature's Plus®
The Energy Supplements®

Source of Life
Multi-Vitamin & Mineral Supplement
RED
EASY TO SWALLOW
Mini-Tabs
WITH WHOLE FOOD CONCENTRATES
Exotic Red Fruits, Lutein, Lycopene
and Anti-Aging* Nutrients

ORAC VALUE
1000

GLUTEN
Free



Hypo-Allergenic • Vegetarian • 180 Tablets

Supplement Facts

Serving Size 6 Tablets, Servings Per Container 30

Amount Per Serving		% DV
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	6%**
Protein	1 g	
Vitamin A (as beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K2 (as menatetrenone)	100 mcg	125%
Thiamin (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B-2)	25 mg	1471%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	200 mcg	3333%
Biotin	100 mcg	33%
Pantothenic Acid	60 mg	600%
(as calcium pantothenate)		
Calcium (as aminoate complex)	200 mg	20%
Iron (as aminoate complex, ascorbate)	18 mg	100%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	100 mg	25%
Zinc (as aminoate complex, picolinate)	15 mg	100%
Selenium (as aminoate complex)	25 mcg	36%
Copper (as aminoate complex)	0.5 mg	25%

Amount Per Serving

Manganese (as aminoate complex)	4 mg	200%
Chromium (as aminoate complex)	20 mcg	17%
Potassium (as aminoate complex)	50 mg	1%

Red Lightning Proprietary Blend

pomegranate, goji (*Lycium barbarum* L.), noni (*Morinda citrifolia* fruit), mangosteen (*Garcinia mangostana* fruit), açai (cabbage palm) (*Euterpe oleracea* berry), cranberry, red raspberry, black raspberry, red grape, tomato, strawberry, mango, black currant, ligustrum berry, bilberry, blueberry, elderberry (*Sambucus nigra*), camu-camu (*Myrciaria dubia* fruit), schisandra fruit, green tea, turmeric, fenugreek seed, apple, apricot, banana, orange, peach, plum, pear, guava, pineapple, watermelon, FOS, **Activessence®** (a patented enzyme activation system – cellulase, pectinase, hemicellulase and xylanase)

Proprietary Anti-Aging Blend:

MSM (methylsulfonylmethane), NAC (N-acetyl cysteine), turmeric (std. curcumin), grape (<i>Vitis vinifera</i>) seed extract (std. proanthocyanidins)	250 mg†
Bee Pollen (Spanish)	100 mg†
Sunflower Oil (supplying linoleic acid [54.1 mg], oleic acid [9.3 mg], palmitic acid [4.4 mg], stearic acid [2.2 mg])	70 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen [26 mg])	60 mg†

Amount Per Serving

	% DV
Black Currant Seed Oil	50 mg†
Ginseng Root (Korean)	50 mg†
Bromelain (from pineapple fruit) (24 GDU)	40 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Sophora japonica</i> leaf)	30 mg†
Papain (from papaya fruit)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Betaine HCl (from beet molasses)	25 mg†
Apple Pectin	20 mg†
PABA (para-aminobenzoic acid)	15 mg†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
RNA (ribonucleic acid) (from Whole Food Blend)	6 mg†
DNA (deoxyribonucleic acid) (from Whole Food Blend)	6 mg†
Amylase (from brown rice fermentation)	5 mg†
Lipase (from brown rice fermentation)	5 mg†
Lycopene (active carotenoid from tomato)	5 mg†
Chlorophyll (from Whole Food Blend)	4.5 mg†
Carotenoids (from Whole Food Blend)	4 mg†
Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg†
Lutein (active carotenoid from marigold flower extract)	3 mg†
Proanthocyanidins (from Whole Food Blend)	500 mcg†
Octacosanol	200 mcg†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Multi Color Whole Food Lightning Proprietary Blend (115 fruits and vegetables)‡, young barley leaf, stearic acid, magnesium stearate, silica and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates. ‡For details, visit www.naturesplus.com Free from artificial colors, preservatives, yeast, wheat, soy and milk.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by **Natural Organics Laboratories, Inc.**, makers of **Nature's Plus**
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PRODUCT NO. 30557



DIRECTIONS: As a dietary supplement, six tablets once daily.

Do not take with sulfonamide since PABA interferes with the activity of the drug.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.