



**Nutritional Support for Natural Energy Production,
Healthy Eye Function and Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving		%DV
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	6%**
Protein	1 g	
Vitamin A (as beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K (phylloquinone)	80 mcg	100%
Thiamin (vitamin B-1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B-2)	25 mg	1471%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	200 mcg	3333%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as aminoate complex)	200 mg	20%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	100 mg	25%
Zinc (as monomethionine)***	15 mg	100%
Selenium (as selenomethionine, aminoate complex)	25 mcg	36%
Copper (as aminoate complex)	0.5 mg	25%
Manganese (as aminoate complex)	4 mg	200%
Chromium (as polynicotinate)****	20 mcg	17%
Potassium (as aminoate complex)	50 mg	1%

Whole Food PhytoAlgae	1000 mg†
Proprietary complex of spirulina (Hawaiian <i>Spirulina platensis</i>), Phenalgin™ (<i>Cystoseira canariensis</i> from Canary Islands) (stand. polyphenols calc. as chlorotannins), chlorella (Bulgarian <i>Chlorella vulgaris</i>) (broken cell), cryptomonads (Asian), red kelp (Norwegian <i>Palmaria palmata</i>), brown kelp (Norwegian <i>Laminaria digitata</i>), ulva (Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i>), red seaweed (Irish <i>Lithothamnium calcareum</i>), dulce (Mediterranean <i>Rhodomenia palmata</i>), rockweed (American <i>Ascophyllum nodosum</i>)	
Bee Pollen (Spanish)	100 mg†
Sunflower Oil (supplying linoleic acid 54.1 mg, oleic acid 9.3 mg, palmitic acid 4.4 mg, stearic acid 2.2 mg)	70 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 26 mg)	60 mg†
Food Fiber Complex	50 mg†
Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran	
Black Currant Seed Oil	50 mg†

Amount Per Serving

Whole Food Wellness Complex	50 mg†
Whole fruit concentrates 10x: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10x: alfalfa sprout, barley grass juice, beet greens, cabbage leaf, onion bulb, parsley leaf; concentrate 4x: celery seed; standardized extracts: papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli flower, carrot root, garlic clove; standardized concentrate: spinach leaf	
Bromelain (from pineapple fruit) (24 gelatin digesting units) ...	40 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Sophora japonica</i> leaf)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Thione Complex™	25 mg†
Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract	
Whole Food Antioxidants	25 mg†
Proprietary Blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), pau d'arco bark	
Whole Food Amino Acid Complex	25 mg†
(from spirulina and isolated pea protein) – providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine	
Betaine HCl (from beet molasses)	25 mg†
RNA (ribonucleic acid)	21 mg†
PABA (para-aminobenzoic acid)	15 mg†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
Whole Food Enzymes	10 mg†
Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>A. oryzae</i>), cellulase (<i>A. niger</i>), protease (<i>A. oryzae</i>)	
Neurosin	10 mg†
Ginkgo biloba leaf (std. ginkgo flavone-glycosides), ginseng (<i>Panax</i>) (std. ginsenosides)	
Source-70 (whole food based soluble mineral complex)	10 mg†
Chlorophyll (from spirulina)	7.5 mg†
DNA (deoxyribonucleic acid)	6 mg†
Carotenoids	4 mg†
Lutein (active carotenoid from marigold flower extract)‡	3 mg†
Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg†
Boron (as citrate)	1 mg†
Octacosanol	200 mcg†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

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CHROME MATE®

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PRODUCT NO. 30524



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