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SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily, or as directed by your health-care practitioner.

HOW IT WORKS: Vitamin C is a water soluble nutrient well known for its vital role in immune system function. Vitamin C is necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, hormone synthesis, and the utilization of many nutrients, such as folic acid and iron.* Vitamin C is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals and reactive oxygen species that can be generated during normal metabolism, as well as through exposure to environmental toxins and pollutants.* In addition, Vitamin C is important for the regeneration of other antioxidants such as Vitamin E.*

CAUTIONS/INTERACTIONS: Oral contraceptives, cyclosporine and aspirin are known to increase the need for Vitamin C. Vitamin C may interact with nitrate medications, furosemide (a loop diuretic), acetaminophen and tetracycline. For more information on this product go to www.protocolforlife.com/P0690

This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat Packet. Store in a cool, dry place after opening. Please Recycle.

PROTOCOL
FOR LIFE BALANCE™

C-1000 Caps

With Bioflavonoids & Rutin

• Antioxidant Protection*

120 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	1.0 g (1,000 mg)	1667%
Citrus Bioflavonoids (min. 30% Hesperidin)	100 mg	†
Rutin	25 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Manufactured by Protocol For Life Balance™
395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

Natural color variations may occur in this product.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.