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CODE
P0498

V3

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® daily as needed, preferably with a meal, or as directed by your healthcare practitioner.

HOW IT WORKS: Niacin is a water soluble B Vitamin whose main role is to serve as a precursor for two essential biochemical coenzymes, NAD and NADP. These two cofactors participate in virtually every aspect of energy production and metabolic processes. NAD helps break down carbohydrates, fats, and proteins to produce energy.* Niacin is critical for DNA replication and repair.* Niacin has also been shown to have beneficial effects on lipid and cholesterol transport, aiding to maintain healthy serum lipid levels that are already within the healthy range.* Inositol Hexanicotinate is a stable, non-flushing source of Niacin. This superior source of Niacin works to reduce the common "niacin-flush" associated with high dose Niacin supplements.*

CAUTIONS/INTERACTIONS: The Tolerable Upper Intake Level for all forms of Niacin for adults is 35 mg/day based on flushing as the critical adverse effect. The form of niacin in this product, however, is unlikely to cause a flushing response. High dose Niacin has been associated with liver inflammation. Although some reports suggest that this occurs most commonly with slow-release Niacin, it can occur with any type of Niacin when taken at a daily dose of more than 500 mg (usually 3 g or more). Regular blood tests to evaluate liver function are required when using high-dose Niacin. The anti-TB drug Isoniazid may increase one's need for Niacin. If you have liver disease, ulcers (past or present), gout, gallbladder disease, or drink alcohol, do not take high-dose Niacin except on medical advice. Combining high-dose Niacin with statin drugs should not be attempted except under direct supervision of a physician. Niacin may interfere with the absorption of Tetracycline, so take at different times of the day. For more information on this product go to www.protocolforlife.com/P0498.

PROTOCOL
FOR LIFE BALANCE™

Flush-Free Niacin 500 mg

- Extra Strength
- Hexanicotinate Form

90 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Niacin (from 640 mg of Inositol Hexanicotinate) (Vitamin B ₃)	500 mg	2500%
Inositol (from 640 mg of Inositol Hexanicotinate)	135 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Rice Flour and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Inositol Hexanicotinate is a stable, non-flushing source of Niacin. This superior source of Niacin works to reduce the common "niacin-flush" problems associated with high doses of Niacin supplements.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg or preservatives. Vcaps® is a registered trademark of Capsugel. **Vegetarian/Vegan Product** This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet. Store in a cool, dry place. Please Recycle.

Formulated by doctors and clinical scientists exclusively for licensed health-care practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.