SUGGESTED USAGE: As a dietary supplement, take 1 lozenge daily. Chew lozenge or hold in mouth until dissolved and swallow. Take higher amounts on the advice of your healthcare practitioner.

HOW IT WORKS: Vitamin B12 has the largest and most complex chemical structure of all the vitamins. Most of its functions are related to its co-enzyme activity, such as enzymes needed for the production of DNA during cell division." It is required for the synthesis of the amino acid methionine, which helps to maintain already healthy serum homocysteine levels.* B₁₂ is also necessary for the mainte-nance of a healthy nervous system.*

CAUTIONS/INTERACTIONS: A number of drugs can affect Vitamin B12 levels or its utilization. If you are taking any prescription medications consult your healthcare practitioner before taking this product. For more CODE Information on this product go to www.proto-P0497 colforlife.com/P0497.



Methyl B₁₂ 10,000 mcg

- Healthy Homocysteine Metabolism*
- . Supports Healthy Nervous System*
 - Sweetened with Xvlitol

60 Lozenges

A Dietary Supplement Vegetarian Formula

