

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it.*



**No** Artificial Color, Flavor or Sweetener, **No** Preservatives, **No** Sugar, **No** Starch, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **19491**  
**www.vitaminworld.com**  
**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
©2011 Vitamin World, Inc.

B19491 02C



— SUPER STRENGTH —  
**MELATONIN**  
SLEEP AID\*



**10 MG**

**60**

**RAPID RELEASE  
CAPSULES**

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) capsule at bedtime as Melatonin may produce drowsiness.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Melatonin	10 mg **

\*\*Daily Value not established.

**Other Ingredients:** Rice Flour, Gelatin, Silica, Vegetable Magnesium Stearate.

Melatonin is a supplement that works in harmony with your natural sleep cycle to support a sound tranquil sleep so that you can awaken refreshed.\* Melatonin is an excellent choice for people experiencing occasional sleeplessness, those experiencing jet lag, or anyone who just wishes to improve the quality of their sleep.\* This Super Strength formula should be used by individuals who may need an extra level of sleep support.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.