

Nature's Plus® The Energy Supplements®

ULTRA
Source of Life

Whole Life
Energy Enhancer
Multi-Vitamin Supplement With
Whole Foods, Herbs, Enzymes
& Much More!

GLUTEN
Free



Vegetarian • Hypo-Allergenic • 90 Tablets

Mini-Tabs

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 15

Amount Per Serving	%DV
Calories	20
Total Carbohydrate	3 g
Dietary Fiber	1 g
Protein	1 g
Vitamin A (as beta carotene)	10,000 IU
Vitamin C (as ascorbic acid)	1000 mg
Vitamin D (as ergocalciferol)	400 IU
Vitamin E (as d-alpha tocopheryl succinate)	200 IU
Vitamin K (phyloquinone)	80 mcg
Thiamin (vitamin B-1) (as thiamine HCl)	25 mg
Riboflavin (vitamin B-2)	25 mg
Niacin (as niacinamide)	40 mg
Vitamin B-6 (as pyridoxine HCl)	25 mg
Folate (as folic acid)	400 mcg
Vitamin B-12 (as cyanocobalamin)	200 mcg
Biotin	100 mcg
Pantothenic Acid (as calcium pantothenate)	60 mg
Calcium (as aminoate complex)	200 mg
Iron (as aminoate complex, ascorbate)	18 mg
Iodine (from kelp)	150 mcg

Supplement Facts Continue - peel back flap...

Optimal Support for Natural Energy Production,
Healthy Eye Function and Overall Well-Being.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
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Amityville, New York 11701, USA
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PRODUCT NO. 30521



LBL 1129941

DIRECTIONS: As a dietary supplement, six tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

SUPPLEMENT FACTS AND OTHER
INFORMATION CONTINUED

Supplement Facts Continued...

Amount Per Serving	%DV
Magnesium (as aminoate complex)	100 mg 25%
Zinc (as monomethionine)***	15 mg 100%
Selenium (as selenomethionine, aminoate complex)	25 mcg 36%
Copper (as aminoate complex)	0.5 mg 25%
Manganese (as aminoate complex)	4 mg 200%
Chromium (as polynicotinate)****	20 mcg 17%
Potassium (as aminoate complex)	50 mg 1%

Whole Food PhytoAlgae	1000 mg†
Proprietary complex of spirulina (Hawaiian <i>Spirulina platensis</i>), Phenalgin™ (<i>Cystoseira canariensis</i> from Canary Islands) (stand. polyphenols calc. as phlorotannins), chlorella (Bulgarian <i>Chlorella vulgaris</i>) (broken cell), cryptomonads (Asian), red kelp (Norwegian <i>Palmaria palmata</i>), brown kelp (Norwegian <i>Laminaria digitata</i>), ulva (Asian <i>Ulva rigida</i> & <i>Ulva fasciata</i>), red seaweed (Irish <i>Lithothamnium calcarium</i>), dulce (Mediterranean <i>Rhodomenia palmata</i>), rockweed (American <i>Ascophyllum nodosum</i>)	
Bee Pollen (Spanish)	100 mg†
Sunflower Oil (supplying linoleic acid 54.1 mg, oleic acid 9.3 mg, palmitic acid 4.4 mg, stearic acid 2.2 mg)	70 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 26 mg)	60 mg†
Fiber Complex	50 mg†
Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, soluble oat bran	

Black Currant Seed Oil	50 mg†
Whole Food Wellness Complex	50 mg†
Whole fruit concentrates 10X: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, tomato; concentrates 10X: alfalfa sprout, barley grass juice, beet greens, cabbage leaf, onion bulb, parsley leaf; concentrate 4X: celery seed; standardized extracts: papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli floret, carrot root, garlic clove; standardized concentrate: spinach leaf	
Bromelain (from pineapple fruit) (24 gelatin digesting units)	40 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Sophora japonica</i> leaf)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Thione Complex™	25 mg†
Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract	
Whole Food Antioxidants	25 mg†
Proprietary Blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), pau d'arco bark	
Whole Food Amino Acid Complex (from spirulina and isolated pea protein) - providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine	
Betaine HCl (from beet molasses)	25 mg†
RNA (ribonucleic acid)	21 mg†
PABA (para-aminobenzoic acid)	15 mg†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†

Whole Food Enzymes	10 mg†
Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>A. oryzae</i>), cellulase (<i>A. niger</i>), protease (<i>A. oryzae</i>)	
Neurosyn	10 mg†
<i>Ginkgo biloba</i> leaf (std. ginkgo flavone-glycosides), ginseng (<i>Panax</i>) (std. ginsenosides)	
Source-70 (whole food based soluble mineral complex)	10 mg†
Chlorophyll (from spirulina)	7.5 mg†
DNA (deoxyribonucleic acid)	6 mg†
Carotenoids	4 mg†
Lutein (active carotenoid from marigold flower extract)‡	3 mg†
Ericitricin (from <i>Citrus limon</i> exocarp)	3 mg†
Boron (as citrate)	1 mg†
Octacosanol	200 mcg†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

Free from artificial colors, preservatives, yeast, wheat, soy and milk.



OptiZinc® is a registered trademark of InterHealth N.I. U.S. Patent Nos. 3,941,818, 4,021,569 and 4,764,633. *ChromeMate® is a registered trademark of InterHealth N.I. U.S. Patent Nos. 4,923,855, 4,954,492 and 5,194,615. Thione Complex™ is a trademark of Thione International, Inc. ‡FloraGLO® is a registered trademark of Kemlin Industries, Inc.