

SOFTGEL SIZE



CODE 1653

V5

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

**SUGGESTED USAGE:** As a dietary supplement, take 2 softgels 1 to 3 times daily with food. Consider taking these other NOW® products: CoQ10 and Advanced Gamma E Complex.

# Molecularly Distilled Omega-3

CARDIOVASCULAR SUPPORT

- 180 EPA / 120 DHA
- Cholesterol-Free
- Supports Heart Health\*

500 Softgels

A Dietary Supplement



## Supplement Facts

Serving Size 2 Softgels Servings Per Container 250

|                              | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------|-----------------------|------------------|
| Calories                     | 20                    |                  |
| Calories from Fat            | 20                    |                  |
| Total Fat                    | 2 g                   | 3%*              |
| Saturated Fat                | 0.5 g                 | 3%*              |
| Trans Fat                    | 0 g                   | †                |
| Polyunsaturated Fat          | 1 g                   | †                |
| Monounsaturated Fat          | 0.5 g                 | †                |
| Cholesterol                  | 0 mg                  | 0%               |
| Natural Fish Oil Concentrate | 2.0 g (2,000 mg)      | †                |
| Omega-3 Fatty Acids          | 680 mg                | †                |
| Eicosapentaenoic Acid (EPA)  | 360 mg                | †                |
| Docosahexaenoic Acid (DHA)   | 240 mg                | †                |
| Other Omega-3 Fatty Acids    | 80 mg                 | †                |

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water) and Vitamin E (as natural d-alpha tocopherol).

Contains fish (sardines, anchovies, mackerel). Vitamin E from soy.

Formulated & Distributed by NOW FOODS

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For more product information visit [www.nowfoods.com/1653](http://www.nowfoods.com/1653)

Fish oil is product of Peru. Store in a cool, dry place after opening. Please Recycle.