**SUGGESTED USE:** As a dietary supplement, take one (1) Licaps™ capsule daily.

go to products mercola com Dr. Mercola has been providing quality products since 2001. To see more products,

effects occur. WARNING: If you are pregnant or nursing this product. Discontinue use if adverse consult your physician before consuming

Do not use if safety seal is broken. KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

Manufactured for:

3200 W. Higgins Rd. Hoffman Estates, IL 60169 Mercola Health Resources, LLC.

(847) 252-4355 | www.mercola.com Manufactured in the USA

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## DR. MERCOLA® PREMIUM SUPPLEMENTS

Omega-3 ALA 325 mg	Astaxanthin 4 mg	Amount Per Serving	Servings per Container: 90	Serving Size: 1 Licans <sup>TM</sup> capsule

Supplement Facts

(from Perilla Seed Oil)

One of Nature's Most Potent Antioxidants<sup>†</sup>

\*(%) Percent Daily Values are based on a 2,000 calorie diet

"Daily Value not established

Rosemary extract (Antioxidant).

OTHER INGREDIENTS: Vegetable cellulose, Beeswax

325 mg ALA Per Capsule

Dietary Supplement

[90 Licaps™Capsules

or prevent any disease Administration. This product is not intended to diagnose, treat, cure These statements have not been evaluated by the Hood and Drug