

Supplement Facts

Serving Size 1 Vial (15 mL) Servings Per Container 12

	Amount Per Serving	% Daily Value
Calories	35	
Total Carbohydrate	9 g	3%*
Sugars	0 g	†
Sugar Alcohol (as Xylitol)	1 g	†
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin B-1 (from Thiamine HCl)	3 mg	200%
Riboflavin (Vitamin B-2)	3.4 mg	200%
Niacin (as Niacinamide) (Vitamin B-3)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	10 mg (10,000 mcg)	166,667%
Biotin	300 mcg	100%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	500%
Choline (from Choline Bitartrate)	5 mg	†
Inositol	5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: De-ionized Water, Vegetable Glycerine, Xylitol, Natural Berry and Cherry Flavors, Malic Acid, Potassium Sorbate (as preservative) and Natural French Vanilla Flavor.

Distributed by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no salt, yeast, wheat, gluten, soy, milk, egg or shellfish. **Vegetarian/Vegan Product.**

SUGGESTED USAGE: Shake plastic vial before using. Snap top off of vial and squeeze liquid contents into mouth and swallow. Take 1 vial daily, preferably in the morning or as directed by your healthcare practitioner. Please recycle plastic vial.

Nutri-Dose™

B-12 10,000 mcg *Energy Boost**

B Vitamins are essential components in most major metabolic reactions as they play an important role in energy production, including the metabolism of lipids, carbohydrates, and proteins. Vitamin B₁₂ facilitates energy production and is required for nucleic acid (DNA) synthesis, methionine synthesis from cysteine, and normal myelin synthesis in the nervous system. Along with vitamin B₆ and folic acid, adequate levels of vitamin B₁₂ are required to maintain healthy plasma homocysteine levels.*

The elderly and strict vegetarians are often at risk for Vitamin B₁₂ deficiency, either due to low dietary intake or decreased absorption. B₁₂ 10,000 mcg Nutri-Dose™ is a convenient and palatable liquid formulation that is absorbed quickly by the body, delivering rapid, energizing nutrition.*

For more information on this product go to www.protocolforlife.com/PO453.

Formulated by doctors and clinical scientists exclusively for licensed health care practitioners.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Store in a cool, dry place. Please Recycle. This carton is made from 100% Recyclable Material.

PROTOCOL
FOR LIFE BALANCE™



PROTOCOL
FOR LIFE BALANCE™

Nutri-Dose™ B-12 10,000 mcg

*Convenient Vial Delivery System
With Complete Liquid B-Complex
Mixed Berry Flavor*

12 : 15 mL (0.5 fl. oz.) Vials
A Dietary Supplement Vegetarian Formula



**These convenient liquid vials
are perfect for an on-the-go high-
potency source of B₁₂ energy.***

- Quickly Delivers 10,000 mcg of Vitamin B₁₂
- Provides a Full Spectrum of B Vitamins and Vitamin C
- Sugar Free, Sweetened with Xylitol
- No Artificial Colors or Flavors
- Refreshing, Natural Flavor Blend of Raspberry, Strawberry and Cherry

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