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CODE
P0471

V3

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with food, or as directed by your healthcare practitioner. Consider taking this product in combination with B-Complex Vitamins.

HOW IT WORKS: Biotin is a water-soluble vitamin necessary for normal growth and body function.* Biotin is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids.* Alongside its role in energy production, Biotin has been shown to support healthy serum glucose levels that are already within the normal range.* In addition, Biotin supports healthy immune function and plays a critical role in skin health.*

CAUTIONS/INTERACTIONS: Long-term anti-convulsant (anti-seizure) and antibiotic therapies may increase the need for biotin. Large doses of the nutrient pantothenic acid have the potential to compete with biotin for intestinal and cellular uptake due to their similar structures. Very high (pharmacologic) doses of lipolic acid have been found to decrease the activity of biotin-dependent carboxylases in rats, but such an effect has not been demonstrated in humans. For more information on this product go to www.protocol-forlife.com/P0471

PROTOCOL
FOR LIFE BALANCE™

Biotin

5,000 mcg

- Supports Amino Acid Metabolism*
- Healthy Immune Support*

90 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Biotin	5.0 mg (5,000 mcg)	1667%

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.**

Vcaps® is a registered trademark of Capsugel.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet.

Store in a cool, dry place. Please Recycle.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners. Manufactured in an A-rated Good Manufacturing (GMP) Certified facility.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.