SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® every 3 days with a fat containing meal, or as directed by your health-

care practitioner. HOW IT WORKS: The major biologic function of Vitamin D is to maintain healthy blood levels of calcium and phosphorus. Vitamin D supports bone health by promoting calcium absorption and bone mineralization * Vitamin D also plays an important role in immune function, helps to regulate cell growth and dif-

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ferentiation * CAUTIONS/INTERACTIONS: Although the Upper Limit for Vitamin D is 4,000 IU per day. comprehensive research demonstrates that higher dosages are safe. However, this product should be taken under the supervision of a health care professional. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P0374



D₃ 10,000 IU Cholecalciferol

- High Potency
- Helps Maintain Strong Bones*
 - Supports Dental Health*



