SUGGESTED USAGE: As a dietary supplement, take 1 softgel every 2 days with a meal containing fat, or as directed by your healthcare practitioner.

HOW IT WORKS: The major biologic function of Vitamin D is to maintain healthy blood levels of calcium and phosphorus. Vitamin D supports bone health by promoting calcium absorption and bone mineralization. Vitamin D also plays an important role in immune function and helps to regulate cell growth and differentiation.

CAUTIONS/INTERACTIONS: Although the Upper Limit for Vitamin D is 4,000 fU per day comprehensive research demonstrates that higher de deseases are safe. However, this product should be taken under the supervision of a healthcare professional. Vitamin D should be taken under the supervision of a healthcare professional. Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with altorvastatin. If you are taking any of these prescription medicans, consult your healthcare practitioner before CODE using this product. For more information on this product a for twen protocolfride, com/Po372.



Vitamin D3 5,000 IU High Potency

- Helps Maintain Strong Bones*
- · Supports Dental Health*

120 Softgels

A Dietary Supplement





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