

Other ingredients: Citric Acid, L-Tartaric Acid, Silica, BetterStevia™ [Certified Organic Stevia Extract (Leaf)], Natural Raspberry Flavor and Malic Acid.
Distributed by NOW FOODS, 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA Contains Xylitol, do not feed to pets. CODE 0597 v2

SUGGESTED USAGE: As a dietary supplement, empty 1 packet daily into 4 to 6 oz. of water.

FILM0597



SUGAR FREE


effer-c™

**AN EFFERVESCENT MIX OF
VITAMINS AND MINERALS**

sweetened with

**Better
Stevia**
ZERO CALORIE SWEETENER

ELDERBERRY

Net Wt. 5.5 g (0.194 oz)
A Dietary Supplement
Vegetarian-Vegan



Supplement Facts Serving Size: 1 Packet (5.5g), Amount Per Serving: Calories 5, Total Carb. 2g (<1% DV)*, Sugars 0g (†), Xylitol 2g (†), Vitamin C (as Ascorbic Acid/Cal. Ascorbate) 1.0g (1,000mg) (1667% DV), Thiamin (from Thiamin HCl) 0.76mg (51% DV), Riboflavin 0.5mg (29% DV), Niacin (as Niacinamide) 10mg (50% DV), Vitamin B-6 (from Pyridoxine HCl) 10mg (500% DV), Folic Acid 15mcg (4% DV), Vitamin B-12 (as Cyanocobalamin) 30mcg (500% DV), Pantothenic Acid (from D-Cal. Pantothenate) 2.5mg (25% DV), Calcium (from Cal. Ascorbate/D-Cal. Pantothenate) 20mg (2% DV), Magnesium (from Mag. Carbonate) 60mg (15% DV), Zinc (from Zinc Ascorbate) 5mg (33% DV), Manganese (from Mang. Carbonate) 1mg (50% DV), Chromium (from Chrom. Aspartate/Ascorbate) 20mcg (17% DV), Sodium (from Sod. Bicarbonate) 50mg (2% DV), Potassium (from Pot. Bicarbonate) 180mg (5% DV), Transport C-PLUS® 230mg (†), Alpha Lipoic Acid 5mg (†), CoQ10 5mg (†), Elderberry Powder 500mg (†). * Percent Daily Values (DV) based on 2,000 calorie diet. † Daily Value not established.