

Supplement Facts continued from previous panel...

Feminine Complex with BlemiShield™ – Cranberry 110 mg †
 (Vaccinium macrocarpon), Fenugreek (*Trigonella foenum-graecum* seed extract) (standardized galactomannan), Yam (*Dioscorea spp.* tuber), *S. salivarius* M18, *S. salivarius* K12 (1 billion viable cells at time of manufacture)
 Lemon Bioflavonoid Complex (from *Citrus limon* fruit) . . . 40 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
 † Daily Value not established.

Other ingredients: Natural flavors, citric acid, guar gum, natural color, rose hips (*Rosa canina* fruit), whole brown rice, papaya, carrot, mango fruit, spinach, broccoli, spirulina (naturally rich in essential nutrients), West Indian cherry (*Malpighia glabra* fruit) and stevia. Mineral aminoates are whole brown rice chelates.

DIRECTIONS: As a dietary supplement for young women, two tablets once daily.

VEGETARIAN • HYPO-ALLERGENIC

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

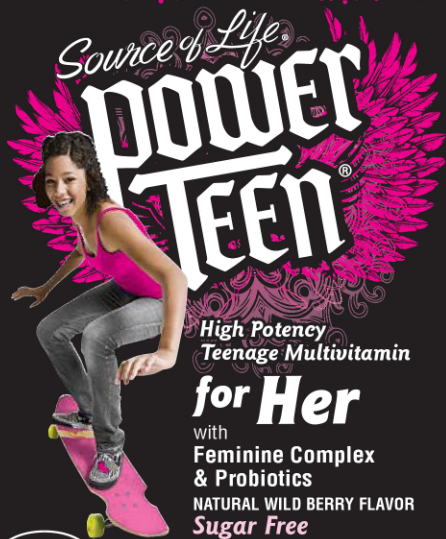
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
 makers of **Nature's Plus**
 9500 New Horizons Blvd.
 Amityville, New York 11701, USA
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 www.naturesplus.com

PRODUCT NO. 30004



Nature's Plus. The Energy Supplements.



60 Chewable Tablets

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

Supplement Facts

Serving Size 2 Chewable Tablets Servings Per Container 30

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	3g	1% *
Xylitol	3g	†
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg	125%
Riboflavin (vitamin B2)	2.1 mg	125%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	7.5 mcg	125%
Biotin	63 mcg	21%
Pantothenic Acid (as calcium pantothenate)	12.5 mg	125%
Calcium (as di-calcium phosphate; aminoate complex)	100 mg	10%
Iron (as fumarate; aminoate complex)	9 mg	50%
Magnesium (as aminoate complex)	10 mg	3%
Zinc (as aminoate complex)	15 mg	100%
Selenium (as aminoate complex)	35 mcg	50%
Copper (as aminoate complex)	1 mg	50%
Manganese (as gluconate)	1 mg	50%
Chromium (as aminoate complex)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Potassium (as aminoate complex)	1.4 mg	<1%

Supplement Facts continue on next panel...