

PERFORMANCE PROTEIN*
RECHARGE AND REPAIR SO YOU CAN DO IT ALL AGAIN, SOONER*

- Complete, synergistic alkaline-forming protein blend featuring 5,500 mg of BCAAs*
- Improves strength and exercise performance*
- Repairs and builds muscles*
- Reduces recovery time between training*

Vega Sport is the first all-natural, plant-based performance enhancement system specifically developed to help athletes perform at their best — before, during and after training and competition. Formulated by Brendan Brazier, professional Ironman triathlete and best-selling author on performance nutrition, Vega Sport products are 100% plant-based, dairy, gluten and soy free and contain no artificial flavors, colors or sweeteners.

DIRECTIONS:
Mix one scoop (1.2 oz) of Vega Sport Performance Protein* in 1-1 ½ cups (8-12 fl. oz) of cold water and drink immediately after strength training or strenuous activity. May also be taken anytime to enhance recovery and help build strong muscles*. For optimal results, use in conjunction with Vega Sport Recovery Accelerator*.

CAUTION:
Discontinue use if signs of allergy appear and consult a health care practitioner. Consult a health care practitioner prior to use if you are taking prescription medication or if you have a serious medical condition and if you are pregnant or breastfeeding. Do not use if seal is broken.

*These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by Brendan Brazier, vegan, professional Ironman triathlete, and bestselling health author. brendanbrazier.com



NATURAL PLANT-BASED
Performance Protein*



Improve strength, build and repair muscle,
reduce recovery time between training*

DAIRY, GLUTEN AND SOY FREE
DIETARY SUPPLEMENT

VANILLA
29.2 oz/829 g POWDER

Supplement Facts

Serving Size: 1 scoop (1.2 oz) Servings Per Container 24		
	Amount Per Serving	% Daily Value
Calories	120	
Calories from fat	5	
Total Fat	0.6 g	1%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	1 g	4%*
Sugars	<1 g	†
Protein	25 g	
Sodium	510 mg	20%*
ProVega complete broad spectrum plant-based protein blend	23,122 mg	
Yellow pea protein		†
SaviSeed™ sachai inchi protein		
Sprouted whole grain brown rice protein		
Hemp protein		
Alfalfa protein		
Branched chain amino acid complex	5,543 mg	†
L-Leucine		
L-Isoleucine		
L-Valine		
L-Glutamine	5,000 mg	†
Digestive enzyme blend	340 mg	†
Protease (plant and bacterial)		
Aminopeptidase		
HemiSEB hemicellulase		

*Percent Daily Values are based on a 2,000 calorie diet
†Daily Value (DV) not established

Other Ingredients: Natural French vanilla flavor, stevia extract, sodium chloride.

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Made in Canada

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AMINO ACID PROFILE g per scoop Alanine 1.1 g, Arginine 2.18 g, Aspartic Acid & Asparagine 2.96 g, Cystine 0.3 g, Glutamine 5.0 g, Glycine 1.12 g, Histidine 0.65 g, Isoleucine*† 1.14 g, Leucine*† 3.15 g, Lysine* 1.79 g, Methionine* 0.3 g, Phenylalanine* 1.36 g, Proline 1.18 g, Serine 1.39 g, Threonine* 1.03 g, Tryptophan* 0.3 g, Tyrosine 1.02 g, Valine*† 1.25 g
* Essential amino acids † BCAAs, total 5.5 g (5,543 mg)