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CODE
P0072

V3

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily.

HOW IT WORKS: L-Carnitine is similar in structure to amino acids and is abundant in heart, muscle and liver tissues. It helps to maintain overall good health by facilitating the transfer of long-chain fatty acids across the mitochondrial membrane for cellular energy production.* It naturally occurs in red meat and other animal source foods, but practitioners recommend supplementation to obtain optimal levels of this excellent amino acid.

CAUTIONS/INTERACTIONS: Mild gastrointestinal symptoms have been reported at higher levels of intake. Otherwise, L-carnitine is considered remarkably safe. L-carnitine is listed as pregnancy category B, indicating animal studies have revealed no harm to the fetus, but that no adequate studies in pregnant women have been conducted. Interactions are not common. However, L-carnitine may affect the body's reaction to the anti-arrhythmic effect of propafenone and mexiletine in patients with ischemia.* Some people may have an increased need for dietary Carnitine due to high-fat diets, certain medications, genetic predisposition, and low dietary levels of the precursor amino acids lysine and methionine. For more information on this product go to www.protocolfor-life.com/P0072.

PROTOCOL
FOR LIFE BALANCE™

L-Carnitine 500 mg

- Transports Fatty Acids*
- Boosts Cellular Energy*

Carnipure®

60 Vcaps®

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

Amount Per ServingL-Carnitine (Carnipure™)
(from L-Carnitine Tartrate)

500 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose, Magnesium Stearate (vegetable source) and Silica.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Pure L-Carnitine is an amino acid that normally attracts water which can cause it to deteriorate rapidly. We use a tartrate form to help ensure that this product maintains stability and full potency.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.; Vcaps® is a registered trademark of Capsugel.

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat packet. Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.