

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **17997**  
[www.vitaminworld.com](http://www.vitaminworld.com)  
**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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B17995 00A



**90** Rapid Release  
Capsules  
Dietary Supplement



# Acidophilus & Psyllium Husk

**PRE & PROBIOTIC  
DIGESTIVE & INTESTINAL CARE\***

**4 BILLION  
ACTIVE CULTURES◊**

**4,000 mg  
PSYLLIUM HUSK  
PER SERVING**

○ **Helps Maintain  
Healthy Intestinal  
Balance\***

**DIRECTIONS:** For adults, take four (4) capsules daily, with at least 8 ounces of water or other fluid.

## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 22

Amount Per Serving	%Daily Value
Calories	15
Total Carbohydrate	3 g 1%**
Dietary Fiber	3 g 13%**
Soluble Fiber	3 g ***
Psyllium Husk ( <i>Plantago ovata</i> ) (seed husk)	4,000 mg (4 g) ***
<i>Lactobacillus Acidophilus</i> contains 4 billion active <i>Lactobacillus Acidophilus</i> (including the naturally occurring metabolic product produced by <i>Lactobacilli</i> ) at the time of manufacture	26.7 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Silica, Vegetable Magnesium Stearate, Dicalcium Phosphate.

◊4 billion active cultures per serving guaranteed at time of manufacture

**NOTICE:** Take this product with at least 8 ounces of water or other fluid. Taking this product without adequate fluid may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Do not take before bedtime. Fiber products can affect the absorption of many medications. Do not take this product within 2 hours of taking medications.

This dynamic formula combines the natural benefits of Psyllium and Acidophilus for digestive and intestinal health.\* Each serving supplies a good source of fiber, to help maintain blood sugar levels already within a normal range.\* Acidophilus also supports healthy immune function.\*