

CAPSULE SIZE

Made in the USA



CODE 1448B V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Do not consume potassium supplements if you have kidney disease or are using a potassium-sparing diuretic. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Potassium is an important mineral used in various bodily functions. It is an important factor in the maintenance of the body's acid-base balance and nerve conduction, as well as the transfer of nutrients through cell membranes. Potassium is found in a number of foods, including dairy, fish, and other meats, fruits, vegetables, and whole grains. Because food processing reduces the levels of naturally occurring nutrients in foods, supplementation may be necessary to insure adequate intake. Potassium Citrate is a well absorbed and highly bioavailable form of potassium.*

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 5 times daily, preferably with food. Consider taking these other NOW® products: Magnesium and Taurine.



Potassium Citrate

ESSENTIAL MINERAL

99 mg

- Supports Electrolyte Mineral Balance
- Supports Nervous System*

180 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Potassium (from Potassium Citrate)	99 mg	3%

Other ingredients: Cellulose, Gelatin (capsule), Stearic Acid (vegetable source) and Silica.

Manufactured by NOW FOODS

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For more product information visit www.nowfoods.com/1448

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.