

ACTUAL
SIZE

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CODE 3258 VI

Caution: If you are under medical supervision seek the advice of your physician or health care professional prior to use. Individuals with auto-immune conditions, depressive disorders, those taking sedatives or corticosteroid drugs, or pregnant or lactating women, should consult their physician prior to use. This product may cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Keep out of reach of children.

SUGGESTED USAGE: As a dietary supplement, take one lozenge just prior to bedtime as needed. Chew lozenge or hold in mouth until dissolved.

Melatonin is a hormone produced in the pineal gland of mammals that is involved in the regulation of sleep/wake cycles.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Melatonin

HELPS REGULATE SLEEP CYCLE

3 mg

- Chewable
- Fast Absorption*

90 Lozenges

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B-6 (Pyridoxine HCl)	3 mg	150%
Melatonin	3 mg	†

† Daily Value not established.

Other ingredients: Fructose, Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor, Sorbitol and Magnesium Stearate (vegetable source).

Contains no salt, starch, yeast, wheat, gluten, soy, milk, egg or preservatives. **Vegetarian Formula.**

This product has been formulated in a lozenge form to ensure the fastest and most complete absorption of Melatonin into the bloodstream. NOW's Melatonin is synthesized according to the highest pharmaceutical standards of quality and purity. NOW's Melatonin is not animal derived.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A. Visit us at www.nowfoods.com