

ACTUAL SIZE

CODE 3255 V2



Keep out of reach of children.

machinery following consumption of melatonin.

physician prior to use. This product may cause

pregnant or lactating women, should consult their

disorder, those taking sedatives or corticosteroid drugs, or

depressive use. Individuals with auto-immune conditions, depressive

advice of your physician or health care professional prior to

Caution: If you are under medical supervision seek the

glutathione activity in the neural tissue.*

ident that defends against free radicals and helps to support

regulation of sleep/wake cycles. Melatonin is a potent antioxidant

Research indicates that Melatonin may be associated with the

Calm™ and 5-HTP.

Consider taking this product in combination with NOW® True

SUGGESTED USAGE: As a dietary supplement, take one

capsule near bedtime with water. Capsule may be opened

and the contents divided over several evenings if desired.

and the contents divided over several evenings if desired.



Melatonin

HELPS REGULATE SLEEP CYCLE*

3 mg

• High Quality

60 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Melatonin

3 mg*

* Daily Value not established.

Other Ingredients: Rice Flour and Gelatin (capsule).

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

NOW® Melatonin has a minimum purity of 99%.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.