

PHASE 3: ROS & Catabolism Combating Blend
When you push your body beyond its limits, to promote protein synthesis & build lean muscle, you need to protect against harmful ROS (reactive oxygen species) that damage your cells. Powered by the antioxidant quercetin, this blend targets ROS free radicals, to protect your muscle cells from oxidative damage triggered by intense exercise.* Another key element to this blend, glutamine, one of the most abundant amino acids in muscle tissue, works to promote protein synthesis and muscle cell hydration. The ROS & Catabolism Combating Blend offers unrivaled free radical protection to the vital processes that promote energy and fatty acid metabolism.*



The key to GNX Science™ is its multi-pronged genomic approach to leveraging every last ounce of your true potential. It targets multiple metabolic pathways from every direction for unparalleled results.

^ In a double-blind, randomized, placebo-controlled cross-over study, 25 subjects exercised on a treadmill on two occasions. On one occasion subjects took the proprietary module within the Lipo-Thermo Trigger Blend 60 minutes before exercise and on the second occasion, they took a placebo. When the subjects took the proprietary module within the Lipo-Thermo Trigger Blend, they burned 300% more calories before starting their exercise compared to the placebo group. The amount of calories burned was higher in the proprietary module in the Lipo-Thermo Trigger Blend before, during and up to one hour after exercise relative to placebo.

For maximum results, take two servings daily in combination with regular exercise.

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Clarinol® CLA is a registered trademark of Stepan Specialty Products LLC.



SCAN &
LEARN MORE

GNC
GENETIX^{HD}™

PRO-SCULPT™

EXTREME MUSCLE DEFINITION SYSTEM

- Revolutionary Thermogenic Amplifier Ignites Calorie Burning by 300%^{^^}
- Multi-Action Amino Acid Blend Fuels Lean Muscle & Clinically Studied CLA Supports a Healthy Body Composition*
- Activates Cellular Signals to Trigger Fatty Acid Metabolism While Fueling & Protecting Muscle Cells*



Powered by GNX Science™

BLUE RASPBERRY
NATURAL & ARTIFICIAL FLAVOR

DIETARY
SUPPLEMENT
Net Wt 13.8 oz (390 g)

CODE 933394

Directions: As a dietary supplement, add one level scoop (13 g) to 10 oz of cold water and mix well. To avoid settling, consume immediately after mixing and continue to stir product while drinking. For maximum results use two servings daily.

BNG

Supplement Facts

Serving Size One Level Scoop (13 g)
Servings Per Container 30

Amount Per Serving	% Daily Value†	
Calories	30	
Calories from Fat	20	
Total Fat	2 g	3%†
Total Carbohydrates	3 g	1%†
Niacin	20 mg	100%
Lipo-Thermo Trigger Blend	2000 mg	*
CLA Powder, Caffeine Blend (Anhydrous Caffeine, Piperine Extract [<i>Piper nigrum</i>](fruit)(standardized for black pepper)), Green Tea Extract (<i>Camellia sinensis</i>)(leaf)(standardized to 25% EGCG), White Willow Bark Extract, Capsimax™ Capsicum Fruit Extract (<i>Capsicum annuum</i>)(fruit)(standardized for capsaicinoids)		
ROS & Catabolism Combating Blend	1150 mg	*
L-Glutamine, Rhodiola Root Extract (<i>Rhodiola rosea</i>)(root)(standardized for 3% Rosavin), Quercetin Dihydrate		
Multi-Action Amino Acid Blend	6150 mg	*
Micronized L-Leucine, Beta-Alanine (as CarnoSyn®), Micronized L-Valine, Micronized L-Arginine, Micronized L-Isoleucine, Micronized Taurine, Micronized L-Carnitine, Micronized L-Citrulline		

* Daily value not established.

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavors, Acesulfame Potassium, Silica, Sucralose and FD&C Blue #1.

Each serving supplies 200 mg of Caffeine.

WARNING: Do not use if pregnant, nursing or are allergic or contraindicated to aspirin. If you are taking aspirin or blood thinning or other medication, or have a medical condition, consult your health care professional before using this product. Discontinue use two weeks prior to surgery, or if upset stomach occurs.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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General Nutrition Corporation
Pittsburgh, PA 15222

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REACH YOUR TRUE PHYSICAL POTENTIAL

For the first time, GNC combines a clinically studied thermogenic formula with rapidly absorbed micronized amino acids to target fatty acid metabolism and fuel lean, sculpted muscles.*

You have a purpose every time you work out. Your training and diet are precise. You train for results and you expect them to be extraordinary. The body you expect is lean and defined.

Pro-Sculpt™ is the premier supplement needed to fuel your workouts as you strive for that next level of detail and definition. Taken daily in the morning or before workouts, Pro-Sculpt™ provides a blast of thermogenic amplifiers to push calorie burning to extreme levels, while micronized amino acids prime your body and fuel lean, toned muscles.* The ROS & Catabolism Combating Blend is designed to protect vital muscle from harmful free radicals that are induced during your training.*

This scientific formula is no accident. It's the latest creation from a team of GNC Scientists who uncovered the multi-faceted formula for activating the cellular signals that trigger fat oxidation and maximize thermogenesis while simultaneously fueling and protecting muscle cells.* Combined with a fat-slashing diet and exercise program, it works in three distinct phases.

PRO-SCULPT™ WORKS

PHASE 1: Lipo-Thermo Trigger Blend

An extreme thermogenic blend ignites pre-training calorie burning by an astounding 300%.* Ingredients such as caffeine, EGCG, capsaicin and piperine directly impact fat metabolism, while white willow, a natural source of salicin, influences metabolic pathways in the body to amplify caffeine's powerful thermogenic effects.* The daily two-serving dose features 3.4 grams of clinically backed CLA to promote a lean, healthy body composition.*

PHASE 2: Multi-Action Amino Acid Blend

A special blend of micronized amino acids and ingredients engineered for rapid, efficient uptake. This formula features leucine, a fundamental branched-chain amino acid for triggering protein synthesis and supporting lean muscle. Also featured are several other co-factors, such as beta-alanine, to prime your muscles and stimulate a key fatigue-controlling factor for maximal muscle toning workouts.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.