

Supplement Facts

Serving Size: 4 Caplets Servings Per Container: 60

Amount Per 4 Caplets	% Daily	Value*
Vitamin B1 (as Thiamine)	3 mg	200%
Vitamin B2 (as Riboflavin)	4 mg	235%
Vitamin B3 (as Niacin & Niacinamide)	24 mg	120%
Vitamin B6 (as Pyridoxine Hydrochloride	4 mg	200%
Vitamin B9 (as Folic Acid)	200 mcg	50%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
RAPID RELEASE		

ENERGIZED XPAND® 6.900 ma

A-AKG Creatine Matrix

Arginine Alpha-Ketoglutarate (A-AKG) Creatine Ethyl Ester

Glutamine Alpha-Ketoglutarate (Glut-AKG)

RR<5m Rapid Release Engineering Matrix Focus Compound

L-Tyrosine

L-Citrulline Taurine Histidine

Prolonged Energy Blend

Beta Alanine (CarnoSyn®)

Cinnulin PF® (Aqueous Cinnamon Extract)

Percent Daily Values are based on a 2,000 calorie diet *Daily Value not established

Other ingredients: Microcrystalline Cellulose Maltodextrin, Dicalcium Phosphate, Stearic Acid, Silicon Dioxide, Silica, Magnesium Stearate, Croscarmellose Sodium, Sodium Starch Glycolate, Sodium Bicarbonate, Hydroxypropyl Methylcellulose, Polydextrose, Hypromellose, Taic, Medium Chain Triglycerides

Each serving contains 208mg of Caffeine



Distributed by: Dymatize Enterprises, LLC 13737 N Stemmons FWY, Dallas, TX 75234 USA (888) 334-LEAN or (972) 732-1990

DIRECTIONS: As a dietary supplement, take 4 Rapid
Release Caplets, with 8 oz. of water.

PRE-WORKOUT: Take 4 Rapid Release Caplets immediately before exercise.

NON-WORKOUT DAYS: Take 4 Rapid Release Caplets.

To avoid sleeplessness, do not take within 4 hours of bedtime

After years of research and development, DYMATIZE has created THE ULTIMATE ENERGIZED XPAND® Caplets. Using the latest Cutting-Edge Technology, ENERGIZED XPAND® fuses Creatine Ethyl Ester, 2,500mg of A-AKG and Glutamine-AKG along with more than 700 mg of Tyrosine and 700 mg of Phenylananine per serving to create the ultimate workout pump & post workout recovery. ENERGIZED XPAND® caplets use a Rapid Release process designed to deliver a signal to your muscles to grow and recover X

WARNING: Before consuming XPAND® seek advice from a health care practitioner if you are unaware of you current health condition or have any pre-existing medical condition have had a myocardial infarction (heart attack). XPAND® is only intended to be consumed by healthy adults 18-50 years of age. KEEP OUT OF THE REACH OF CHILDREN

Cinnulin PF® is a registered trademark of Integrity Nutraceuticals Intl. US serial #78358235, manufactured under U.S. patent # 6,200,569 Alternatives International (NAI) is the owner of natents 5,965,596

Storage Conditions: Store at room temperature 59°F - 86°F (15°C - 30°C)

X These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease,

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