

## RECOMMENDATIONS:

Take 1 capsule 3 times daily between meals or as directed by your health care provider.

*Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

**LIQUID PHYTO-CAPS™** deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal  
by-products and no gelatin**

**Tested **FREE** of  
Heavy Metal Toxicity**



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HERBS | PROFESSIONAL  
SOLUTIONS

# PHYTO- ESTROGEN

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

## Supplement Facts

Daily Serving Size 3 Capsules

Servings Per Container 20

**Calories 30**

**TOTAL ALCOHOL FREE EXTRACTS:** 1890 mg †

Standardized to 3 mg Triterpene Glycosides from  
Black Cohosh

### PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Black Cohosh root + (*Actaea racemosa*), Alfalfa leaf ▲  
(*Medicago sativa*), Red Clover blossoms & tops ▲  
(*Trifolium pratense*), Chaste Tree berry ▲ (*Vitex  
agnus-castus*), Wild Oats milky fresh seed ▲ (*Avena  
sativa*), St. John's Wort flower buds & tops + (*Hypericum  
perforatum*), Dandelion root ▲ (*Taraxacum officinale*),  
Blue Vervain herb ▲ (*Verbena hastata*), Dandelion leaf ▲  
(*Taraxacum officinale*), Sage leaf ▲ (*Salvia officinalis*)

†Daily Value not established.

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule).

▲ = Certified Organic Ingredient + = Ecologically Harvested

**Each 3 capsules contain 3,075 mg crude herb equivalent.**

Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

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Best By:

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