

CODE 1440 V2



Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A. www.nowfoods.com

Natural color variations may occur in this product.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

We utilize the superior Albion Labs patented Ferrochel™ Iron Chelate which research has demonstrated to be highly absorbed, well tolerated and non-constipating at recommended levels.

Caution: Persons with diagnosed iron-deficiency anemia should consult their physician regarding higher intake of iron supplements.

SUGGESTED USAGE: As a dietary supplement, take one tablet daily, preferably with meals.

Iron Complex

ESSENTIAL MINERAL

- Highly Bioavailable
- Non-Constipating
- With Vitamins & Herbs

100 Tablets

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	50 mg	80%
Folate	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	830%
Iron (as 158 mg Ferrochel™ Iron Bisglycinate)	27 mg	150%
Dong Quai (<i>Angelica sinensis</i>) (Root)	100 mg	†
Red Raspberry (<i>Rubus idaeus</i>) (Leaf)	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica and Magnesium Stearate (vegetable source).

Contains no sugar, starch, yeast, wheat, gluten, soy, milk, egg or preservatives.

Vegetarian Formula.