

RECOMMENDATIONS:

Take 1 capsule 3 times daily between meals or as directed by your health care provider.

Keep away from children. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS™ deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

Contains no animal
by-products and no gelatin

Tested **FREE** of
Heavy Metal Toxicity



gaia
HERBS | PROFESSIONAL
SOLUTIONS

LACTATE SUPPORT

Liquid Phyto-Caps™

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Daily Serving Size 3 Capsules

Servings Per Container 20

Amount Per 3 Capsules

Calories 30

TOTAL ALCOHOL FREE EXTRACTS: 1296 mg†

PROPRIETARY SYNERGISTIC EXTRACT BLEND:

Fenugreek seed ▲ (*Trigonella foenum-graecum*),
Fennel seed ▲ (*Foeniculum vulgare*), Red Raspberry
leaf ▲ (*Rubus idaeus*), Blessed Thistle herb ▲
(*Cnicus benedictus*), Marshmallow root fresh ▲
(*Althaea officinalis*)

†Daily Value not established

Other ingredients: Vegetable glycerin, vegetable cellulose (capsule)

▲ = Certified Organic Ingredient

Each 3 capsules contain 3,345 mg crude herb equivalent
Gaia Herbs Liquid Phyto-Caps™ U.S. Patent No. 6,238,696 B1

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Best By:

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